

## Behavioral Health Integration (BHI) Program

The Department of Health Care Services (DHCS) Behavioral Health Integration (BHI) Incentive Program goals incentivizes improvement of physical & behavioral health outcomes, deliver efficient care, and patient experience.

DHCS is providing Proposition 56 funding three (3) year program (April 1, 2020 – December 31, 2022) to incentivize Medi-Cal providers and health plans to partner together to promote BHI in their provider networks. This funding is an incentive for providers and does not count toward Federally Qualified Health Center (FQHC) Prospective Payment System (PPS) calculation.

Contracted Providers are required to submit an application to CenCal Health to operate one (1), or more, of six (6) BHI projects. A separate application is required for each project.

### Eligible Providers

Eligible providers contracted with CenCal Health or contracted with the Holman Group include:

Federally Qualified Health Center (FQHC), Rural Health Clinics (RHC), Hospital Information Systems (HIS) clinics, hospitals, medical groups, individual providers, mental health and substance use providers, county mental health, and substance use providers.

### BHI Available Benefit Project Types

- Basic Behavioral Health Integration
- Maternal Mental Health and Substance Use Disorder (SUD) Screening & Treatment
- Medication Management for Beneficiaries with Co-occurring Chronic Medical & Behavioral Diagnoses
- Diabetes Screening and Treatment for People with Serious Mental Illness
- Improving Follow-up after Hospitalization for Mental Illness
- Improving Follow-up after ED Visit for Behavioral Health Diagnosis

### Application Timeline

Activity	Date
DHCS Released BHI Incentive Program	November 22, 2019
<b>BHI PROGRAM APPLICATIONS DUE TO CENCAL</b>	<b><u>January 21, 2020 by 5:00pm</u></b>
CenCal Health Interviews Applicants	February 3, 2020- February 14, 2020
CenCal Health submits proposals to DHCS	February 18, 2020
DHCS reviews submissions and announces results to MCP	March 18, 2020
BHI Projects Begin	April 1, 2020 through December 31, 2022

## Required Documentation

Please attach the four (4) items:

1. Detailed budget of the defined milestones and associated proposed incentive funding
  - Year 1 funding for building infrastructure = 2/3 of the amount available for each subsequent year
  - Subsequent Years: define milestones
2. Letter of support from County mental health, **if** the selected BHI project addresses serious mental illness (SMI) or requires coordination with County mental health
3. Letter of support from County Substance Use Disorder (SUD) or SUD fee-for-service program, **only required if** the selected BHI project addresses SUD
4. An executed BHI Incentive Program Memorandum of Understanding
  - Appendix B of the BHI application

## Components for Effective Program Integration

- Patient Identification and Diagnosis
- Engagement in Integrated Care
- Evidenced-Based Treatment
- Systematic Follow-Up, Treatment, Adjustment and Relapse Prevention
- Communication and Care Coordination
- Program Oversight and Quality Improvement
- Strategies and Practice Redesign Components

## BHI Project Examples

### Behavioral Health Integration

- Create systems to track follow up for managing mood disorder and substance use disorder (SUD)
- Increase screening, initiation of treatment and tracking of outcomes for Depression/Substance Disorder and train clinical staff in Screening Brief Intervention Referral to Therapy (SBIRT)

### Maternal Mental Health Substance Use

- Increasing Behavioral Health staff in a CPSP/Prenatal program to screen all pregnant women for depression, RISK for depression and substance use
- Coordinating care for referral for substance use treatment, increasing X-Waivered prescribers or increasing referral to treatment with Opiate Use Disorder

### Medication Management in Co-Occurring Diagnosis

- Develop systems that identifies these individuals and coordinating services to ensure access to care and follow up labs and consults

### Diabetes Screening and Treatment in SMI

- Improve systems for shared care coordination and communication
- Coordinating medical primary care services with County and primary care based psychiatric services

### Follow After Hospitalization for Mental Illness

- Coordinating medical and mental health care across County, hospital and primary care services

## Follow Up After Emergency Department Visits

- Coordinating medical, mental health, substance abuse services across County, Substance Use programs, hospital and primary care services

## Project Scoring Criteria

Application Section	Number of Points
<i>3.1(d) Narrative overview of project (Total points = 40)</i>	
Description of importance to Medi-Cal beneficiaries to be served by the provider	10
Description of the project design, practice redesign components, organizational capacity, leadership and sustainability	15
Description of the approach for implementing the project, including a plan of action (implementation steps)	15
<i>3.1(e) Project Year 1 narrative, milestones, and funding amount (Total points = 20)</i>	
Narrative description of activities and accomplishments that will occur to achieve the goals of the project, and flat funding amount requested	10
List of milestones with accomplishment and date, including a description of how achievement of the milestones will support implementation and collection of the selected measures	10
<i>3.2(f) Project Year 2 narrative and milestone list with associated funding amounts (Total points = 20)</i>	
Narrative description of specific practice redesign components and tasks	10
List of milestones with accomplishment, date, and funding amount, including a description of how achievement of the milestones will support implementation and collection of the selected measures	10
<i>3.1(g) Project Year 3 narrative and milestone list with associated funding amounts (Total points = 20)</i>	
Narrative description of specific practice redesign components and tasks	10
List of milestones with accomplishment, date, and funding amount, including a description of how achievement of the milestones will support implementation and collection of the selected measures	10
<b>Application Total Points</b>	<b>100</b>

## Application Resources

The application is a standard statewide DHCS application available online [https://www.dhcs.ca.gov/provgovpart/Pages/VBP\\_BHI\\_IncProApp.aspx](https://www.dhcs.ca.gov/provgovpart/Pages/VBP_BHI_IncProApp.aspx)

The DHCS project application should be submitted directly to CenCal Health at [BHIprogram@cencalhealth.org](mailto:BHIprogram@cencalhealth.org)

Reference CenCal Health's Behavioral Health Services site for additional resources [cencalhealth.org/providers/behavioral-health/](http://cencalhealth.org/providers/behavioral-health/)