



CenCalHEALTH®
Local. Quality. Healthcare.

Psychologist Symposium

Wednesday, August 3, 2022
1:00 p.m. – 2:00 p.m.

Upon meeting room entry, please 'Rename' your name with your First/Last Name, and add your practice name (Example: Elizabeth Ginder, CenCal Health)



Learning Objectives:

- Mental Health Benefit
- Referral Procedure Updates
- Care Coordination
- Department Forms
- Contact CenCal Health





Mental Health Benefit

Psychological & Neuropsychological Testing

Psychological Testing



Medical Necessity for Psychological Testing

- When Clinically Indicated to Evaluate a Mental Health Condition
- Testing is necessary and information achieved by psychological testing is not attainable through routine medical, neurological, or psychological assessment (self-administered or self-scored evaluations or screening cognitive tests)
- Results of proposed psychological testing are judged likely to affect care of treatment of patient and can help answer a question that medical, neurological, or psychiatric evaluation, diagnostic testing, observation in therapy or other assessment can not.
- Medical, neurological, mental status, psychiatric examinations, and diagnostic testing have been done as indicated.

Psychological Testing is **considered not clinically indicated**



- The patient is engaged in active substance use, in withdrawal, or in recovery from recent chronic use.
- Testing for legal (workman's compensation cases or disability cases) or educational reasons that do not inform medical management
- No diagnostic uncertainty to be resolved

Neuropsychological Testing



Medical Necessity for Neuropsychological Testing

When there is a need for the following:

- To quantify cognitive or behavioral deficits related to CNS impairment
- For objective measurement of patients' subjective complaints about memory, attention, or other cognitive dysfunction, which serves to inform treatment by differentiating psychogenic from neurogenic syndromes
- To establish a treatment plan by determining functional abilities/impairments in individuals with known or suspected CNS disorders
- To design, administer, and/or monitor outcomes of cognitive rehabilitation procedures (such as compensatory memory training for brain-injured patients)

Neuropsychological Testing is **considered not medical necessary**



- The patient is engaged in active substance use, in withdrawal, or in recovery from recent chronic use
- Testing for legal (workman's compensation cases or disability cases) or educational reasons that do not inform medical management
- Used as a screening tests given to the individual or general populations; or for Alzheimer's dementia
- Patient is not neurologically and cognitively able to participate in a meaningful way with the requirements necessary to perform the tests

Neuropsychological Testing is **considered not medical necessary** (Continued)



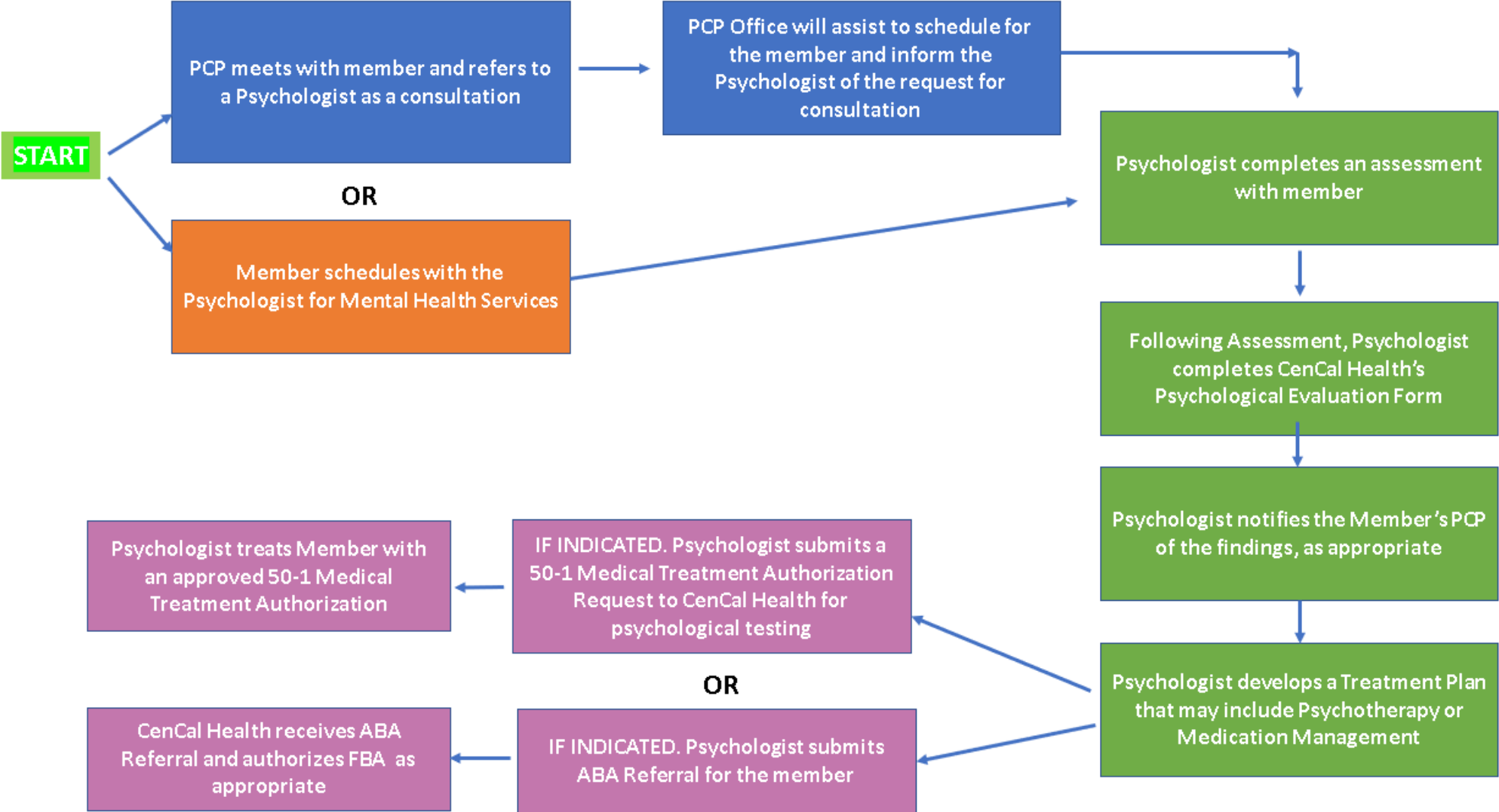
- Performed when abnormalities of brain function are not suspected
- Used for self-administered or self-scored inventories, or screening tests of cognitive function such as AIMS, or Folstein Mini Mental Status Exam (MMSE)
- Repeated when not required for medical decision making, (for example, to make a diagnosis, or to start or continue rehabilitative or pharmacological therapy)
- The member has been diagnosed previously with brain dysfunction, and there is no expectation that the testing would impact the member's medical management

Frequency Limits for Testing/Evaluations

- Psych/Neuropsych testing is not an ongoing procedure, however there may be some need for monitoring for improvements/deterioration over time
- Testing is a maximum of once a year with some specific exceptions
- Requests for authorization should identify the specific indications and the unresolved diagnostic concerns to be addressed
- Requests should specify which tests/sub-tests are being proposed/requested
- Implications for treatment should be identified as appropriate

Referral Procedures

Psychological Evaluation by a Psychologist



Referral Process 8/15/2022

Past Process	Current
<ol style="list-style-type: none">1. Primary Care Physicians submitted referrals for psychological or neuropsychological testing.2. CenCal reviewed and if approved, sent a RAFB to psychologist.3. Psychologist would meet with member and complete a Psychological Evaluation4. Psychologist would submit a <u>Treatment Authorization Request (TAR 50-1)</u> to CenCal for testing hours WITH <u>CenCal's Psychological Testing Form.</u>	<ol style="list-style-type: none">1. Members can schedule an appointment with a contracted Psychologist to address mental health concerns; OR2. Primary Care Providers and other Specialist may refer a member to a Psychologist (consult) for an underlying mental health condition.3. Psychologist would meet with member and conducts an assessment.4. Psychologists completes <u>CenCal's Psychological Evaluation form</u>5. Psychologists advises Primary Care Provider of their findings and recommendations (<i>Consistent with HIPPA</i>)6. If testing is indicated, submit a <u>Treatment Authorization Request (50-1)</u> to CenCal for testing hours <u>WITH CenCal's Psychological Testing Form ; OR</u>7. If ABA Treatment is indicated, submit an <u>ABA Referral</u>

Care Coordination

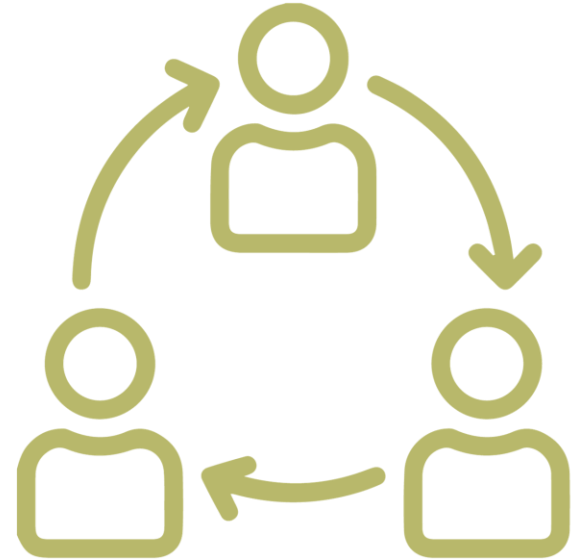
Care Coordination Responsibilities

Primary Care Providers & Referring Providers

- Share Recommendations and Impressions
- Fax the Psychological Evaluation Form to CenCal Health

Mental Health Specialists

- Refer Members to a Contracted Therapist or Psychiatrist if indicated.
 - Call CenCal Health's Behavioral Health Call Center (877) 814-1861
 - Reference Contracted Provider Directory <https://providir.cencalhealth.org/>
- Submit a Behavioral Health Care Coordination Request form cencalhealth.org/providers/behavioral-health-treatment-and-mental-health-services/



CenCal Health's Psychological Evaluation Form



CenCal Behavioral Health Psychological Evaluation Form



This form is to be used for psychological evaluations and provided to the referring provider. **Do not return to CenCal.**

For Questions: Please contact the Behavioral Health Call Center (805) 562-1600

MEMBER INFORMATION

Member Name:

DOB: CenCal Member ID #:

Date of Assessment:

EVALUATOR NAME AND LICENSURE

NPI:

Phone:

REFERRAL SOURCE

- Self Referral
- Provider

Provider Name:

Office Number:

REASON FOR EVALUATION

PRESENTING SYMPTOMS

[continue](#)

BRIEF HISTORY (DIAGNOSIS, TREATMENT, AND RELEVANT HISTORY)

EVALUATION SUMMARY

RECOMMENDATIONS

Psychological Testing*

Testing is necessary when the information the information achieved by psychological testing is not attainable through routine medical, neurologic, or psychological assessment.

Specific Diagnostic question/issue to be addressed:

Please refer to a contracted Psychologist for Psychological Testing and provide this form.

ABA Treatment

Please complete CenCal's [ABA Referral form](#) and return to the Behavioral Health Department.

Psychotherapy

Please refer member to any contracted Mental Health Specialist.

Medication Management

Please refer member to any contracted Mental Health Specialist.

Neuropsychological Testing*

Testing is necessary when the information the information achieved by neuropsychological testing is not attainable through routine medical, neurologic, or psychological assessment. There must be a need to assess and monitor cognitive functioning.

Other:

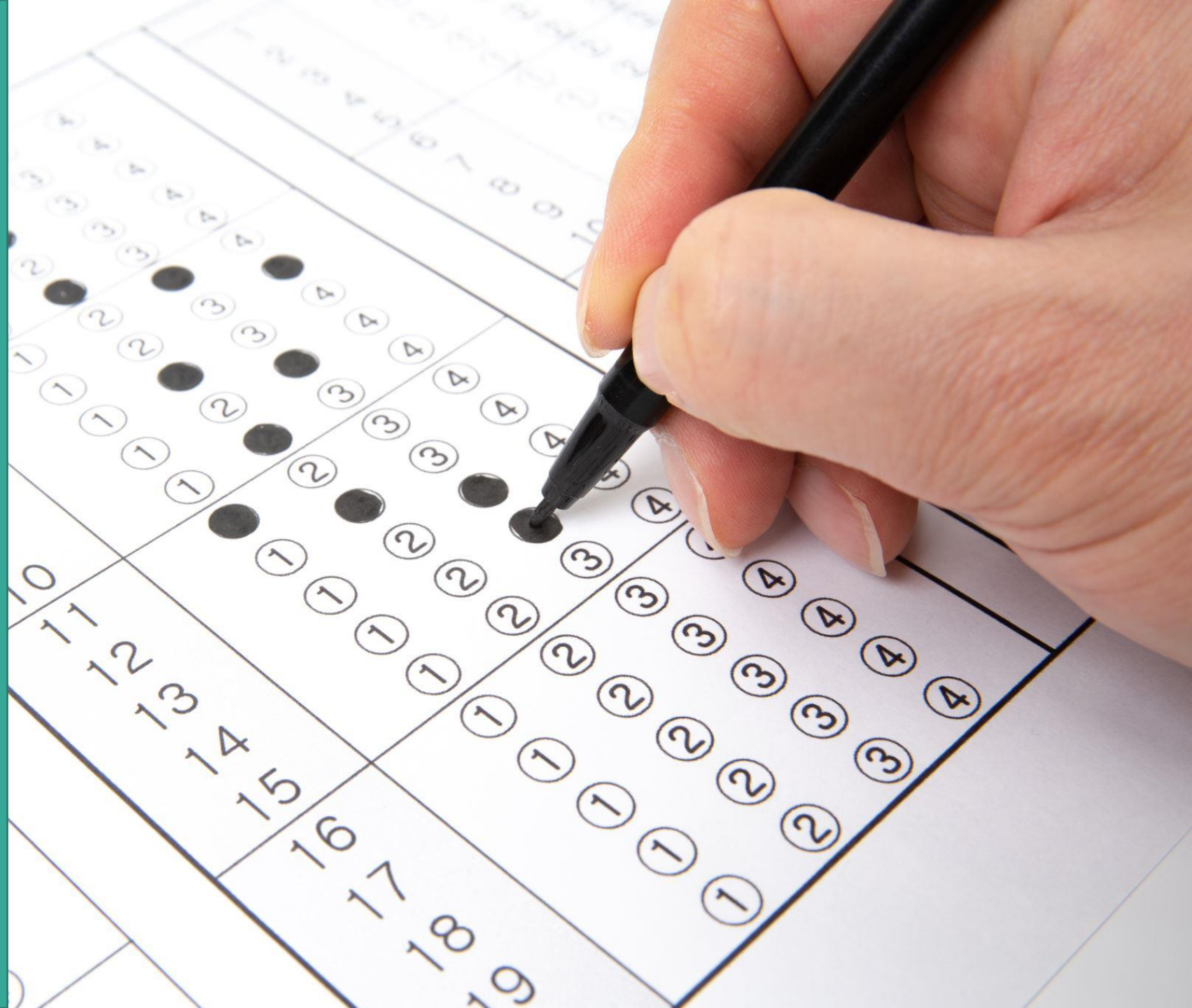
DON'T FORGET

- PCP or Referring Provider Received Copy of this Evaluation

Date Sent:



CenCal Health's Psychological Testing Template



Behavioral Health Provider Line

(805)562-1600

Behavioral Health Call Center (For Members)

(877)814-1861

Secure Link

<https://gateway.cencalhealth.org/forms/bh>

Provider Services (Provider Portal)

(805)562-1676

Claims (Billing & Claim Status)

(805) 562-1083



Contact
CenCal Health

