OPIOIDS + PREGNANCY

before, during and after pregnancy



AM I TAKING AN OPIOID?

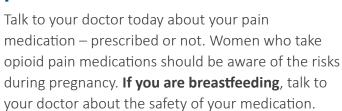
You've probably heard a lot in the news about opioid addiction. But what exactly is an opioid? Opioids are certain types of medications prescribed by doctors to treat pain.

These are all opioids:

- OxyContin
- Vicodin
- Percocet
- Dilaudid
- ▶ Norco
- Exalgo
- ▶ Fentanyl
- ▶ Hydrocodone

- Codeine
- Oxycodone
- Oxymorphone
- Methadone
- Morphine
- ▶ Tramadol
- Ultram

Pregnant and taking pain medication?



Risks to baby include:

- Seizures, vomiting, diarrhea, fever and poor feeding
- Brain, spine, heart and intestinal defects
- Preterm delivery
- ▶ Stillbirth
- Death

Need help?

If you have a dependence or addiction to opioids, talk to your doctor and seek treatment. Go to samhsa.gov for a list of opioid treatment providers or call the National Helpline: 1-800-662-4357









QUESTIONS

To ask my doctor about my pain medication:

- 1. Is my prescription painkiller an opioid?
- 2. Is there a safer medication to take? If yes, what is it?
- 3. What are the side effects?
- 4. What happens if I'm taking this medication and am pregnant or planning on becoming pregnant?
- 5. Can I get addicted to this medication? If so, how will I know?
- 6. What should I do with my leftover prescription drugs?

TALK TO YOUR DOCTOR

if you are not sure if you are being prescribed an opioid.



CALIFORNIA + OPIOIDS

900

infants born with NAS in 2014

Neonatal Abstinence Syndrome (NAS) is a group of conditions caused when a baby withdraws from certain drugs they're exposed to in the womb before birth.

2,196

opioid overdose deaths in 2017

21_{million}

opioid prescriptions in 2017

FOR HELP CALL **1-800-662-4357**

national helpline

www.findtreatment.samhsa.gov



