

## Counseling to Prevent Perinatal Depression

**Effective retroactively for dates of service on or after February 12, 2019**, individual counseling (CPT-4 codes 90832 and 90837) and/or group counseling (CPT-4 code 90853) sessions are reimbursable when delivered during the prenatal period and/or during the 12 months following childbirth.

*For complete details, please refer to the following link:*

<http://files.medi-cal.ca.gov/pubsdoco/bulletins/artfull/gm201907.asp#a4>