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# CalAIM CS & ECM Engagement Session

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# ECM: A Bridge to Long Term Services and Supports

Blanca Zuniga, Associate Director of Care Management



# ECM: A Bridge to Long Term Services and Supports

The ECM benefit is designed to ensure the **needs of the participants are identified and addressed holistically through the development of a Comprehensive Assessment, Care Plan and Care Coordination activities.**

DHCS has developed a series of questions that must be embedded in the ECM Comprehensive Assessment in order to support Members living with disabling conditions or chronic illnesses and **require assistance with common activities of daily living, such as bathing, dressing, and eating.**



# Long Term Services and Support Questions

## Social Determinants of Health

- Housing Environment
- Functional Supports
- Low Health Literacy
- Abuse and Neglect
- Financial Insecurity or Poverty
- Care Giver Stress

## Behavioral Health Conditions:

- Cognitive impairment
- Isolation

**There are ten (10) LTSS Standardized questions that assesses four different categories of risk factors:**

## Functional Capacity

- Limitations / Functional Supports
- Fall Risk
- Cognitive Impairment

## Medical Conditions

- Cognitive impairment



**The answers to the questions may trigger a referral to Long Term Services**



# What Are Long Term Services and Supports?

LTSS Services are **available to Medi-Cal enrollees** include care in an institutional setting, such as a **nursing home or assisted living facility** or in community settings, like an individual's **home or a community** site where medical services are **coordinated with social services and supports**.

Program	Information	Website
<b>Multipurpose Senior Services Program (MSSP)</b>	This waiver provides Home and Community-Based Services to Medi-Cal eligible individuals who are 65 years or older and disabled as an alternative to nursing facility placement, allowing individuals to remain safely in their homes.	<a href="#">Multipurpose Senior Services Program (MSSP) (ca.gov)</a>
<b>Home and Community Based Waiver (HCBA)</b>	This waiver provides long-term support for persons at risk for nursing home or institutional placement, as long as member, remains eligible, and services are determined appropriate. There is a potential for RN and/or LVN care.	<a href="#">Home and Community Based (HCB) Alternatives Waiver (ca.gov)</a>
<b>In Home Supportive Services (IHSS)</b>	IHSS supports seniors and persons with disabilities by providing access to pre-screened care providers who can deliver compassionate and timely care. The types of services which can be authorized through IHSS are housecleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.	<a href="#">In Home Supportive Services (ca.gov)</a>
<b>Community Based Adult Services (CBAS)</b>	CBAS offers services to eligible older adults and/or adults with disabilities to restore or maintain their optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization. Services include; individual assessment, nursing services, therapies (PT/OT/ST), MH services, therapeutic activities, social services, personal care, a meal, nutritional counseling, transportation to/from home and center.  Eligibility to participate in CBAS is determined by the beneficiary's Medi-Cal Managed Care Plan.	<a href="#">Community-Based Adult Services (CBAS)/Adult Day Health Care (ADHC) Transition</a>

# References

- Department of Health Care Services, ECM Policy Guide, May 2022
- Department of Health Care Services, All Plan Letter 17-013: *Requirements for Health Risk Assessment of Medi-Cal Seniors and Persons With Disabilities*
- Athena Chapman and Elizabeth Evenson (2020) *Medi-Cal Explained Fact Sheet: Long-Term Services and Supports in Medi-Cal, California Health Care Foundation.*

# Open Chat





# Santa Maria Wisdom Center

[www.snmwisdomcenter.org](http://www.snmwisdomcenter.org)

## ADHC/CBAS PROGRAM



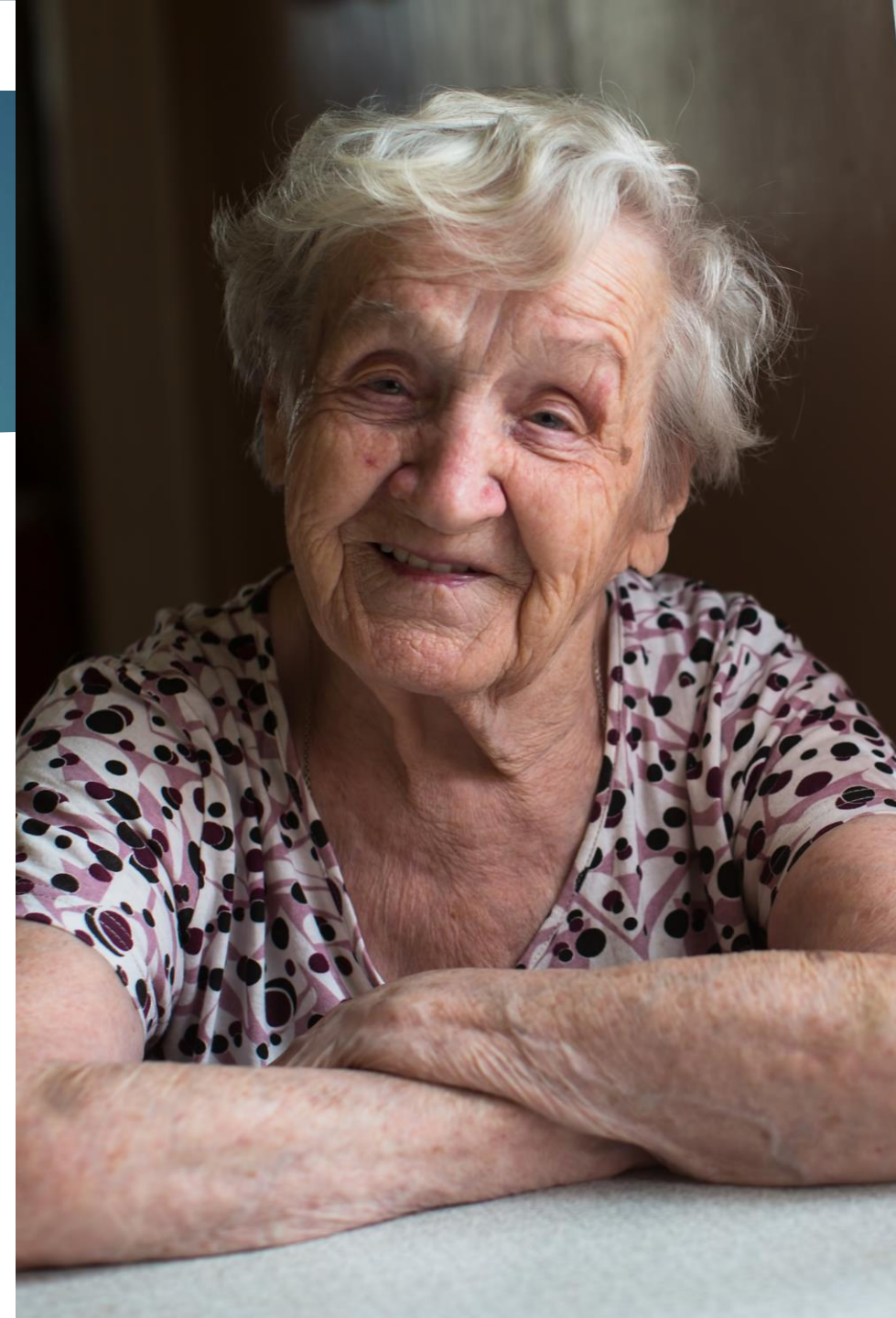
# Santa Maria Wisdom Center & ECM

POWERFUL COMBINED BENEFITS TO SUPPORT OUR  
MEMBERS' LONG-TERM HEALTH AND INDEPENDENCE

AMANDA SILLARS, MSW LCSW ADMINISTRATOR, THE WISDOM CENTER

# Our Mission:

- ▶ Support our Members to remain living joyfully and healthfully in the community. Avoiding all institutionalization, including SNF admissions, ER visits and hospitalizations.
- ▶ How do we do this?



# Services:

Whole-person care  
to address our  
members physical,  
emotional and  
cognitive Health so  
they can remain in  
the community &  
their homes

- ▶ RN skilled nursing services
- ▶ Social work
- ▶ Physical, Occupational, Speech & Psychological Therapy and Services
- ▶ Therapeutic and engaging activity program (lots of fun!)
- ▶ Medically tailored healthy meals served fresh from our kitchen: breakfast, lunch and snack
- ▶ Transportation to and from the member's home and back in our own vans.

The cost?

No  
Charge

- ▶ Our services are free to all eligible CenCal Health members and
- ▶ All ECM recipients may be eligible for CBAS services
- ▶ Thus There is no charge for ECM eligible members to receive CBAS services.
- ▶ Members do not have to be involved in ECM to attend our center
- ▶ We also have a Veteran's program, which is no charge to eligible veteran's
- ▶ And private pay options as well.

# ECM and CBAS

## Integrated Care, Unbelievable Outcomes



- ▶ Developed to work together to create a wrap-around service that supports the highest level of health for our members
- ▶ 100% compatible with ECM
- ▶ Maintain communication with ECM case managers
- ▶ All ECM recipients may be eligible for our CBAS program: we specialize in seniors who are at risk for institutionalization to remain at home --just like you



# Services Don't End

- ▶ When our members meet their goals, unlike other supportive services for the elderly, we don't discharge
- ▶ We support them to reach their highest level of health, then we support them to maintain that level.
- ▶ We know that if we stopped services, our member's health would yet again deteriorate, and this is the antithesis of our mission.

# How to Refer:

- ▶ Contact our office 805.349.5320,
- ▶ or email [info@Smwsidomcenter.org](mailto:info@Smwsidomcenter.org)
- ▶ And we'll do the rest!



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