

# CenCal Health's Recuperative Care Information and Referral Form



**Recuperative Care, also known as Medical Respite**, Community Supports assists members experiencing homelessness who no longer require hospitalization, but still need to heal from an injury or illness, and whose conditions would be exacerbated by an unstable living environment.

**Is member interested in a voluntary recuperative care stay?**  Yes  No

**If NO, Please stop and do not continue.**

**Please complete form and attach required documents.**

## Referral Source Information

Individual Name:

Hospital:

Phone Number:  Fax Number:

## Member Information

Member Name:

Member's Medi-Cal Client ID # (CIN):  Member's Date of Birth:

Member Address (if known):

Member Primary Phone Number:  Best Time to Contact:

Member's Preferred Language:

Gender:  Female  Male  Transgender Female  Transgender Male  Non-Binary  Other

Member's PCP:  PCP Phone Number:

Pharmacy Information:

## Homeless Status HUD

Chronically Homeless  Homeless

## CenCal Health's Recuperative Care Prior Authorization Checklist

### Current Living Location Upon Admission to Hospital

Street  Shelter  Homeless  Interim Housing  LTC  Recuperative Care  Other:

### Hospital Admission Information

Date of admission:

Reason for Admission:

Member's current hospital/SNF location, if applicable:

Diagnoses:

Weight:

Height:

Allergies:

Communicable disease:  Yes  No **If YES, please include documentation.**

Colonized:  Yes  No **If YES, please include documentation.**

### Please answer ALL questions (If applicable).

1) Can Member Self Represent?  Yes  No

2) Is Member Independent w/ADLs?  Yes  No

If NO, please explain:

3) Self-administer all medication?  Yes  No

If NO, please explain:

4) Continent with bladder?  Yes  No

If NO, please explain:

5) Continent with bowel?  Yes  No

If NO, can self-care be completed independently?  Yes  No

6) Colostomy Care?  Yes  No

If YES, who is providing colostomy supply?

7) Catheter Care?  Yes  No

If YES, can it be done independently?  Yes  No

8) Can member perform wound care independently?  Yes  No

If NO, please arrange with Home Health.

## CenCal Health's Recuperative Care Prior Authorization Checklist

**(cont.): Please answer ALL questions (If applicable).**

9) Wheelchair?  Yes  No

Please check one of the following:  Manual Wheelchair  Electrical Wheelchair

10) Oxygen?  Yes  No

Please indicate how many liters' member will be discharged with:

11) Wound Vac?  Yes  No

12) Bipap?  Yes  No

13) CiPap?  Yes  No

14) Other:

### Behavioral Health/Mental Health

Alcohol?  Yes  No

Cocaine?  Yes  No

Heroin?  Yes  No

Methamphetamines?  Yes  No

Medication Assistance for Substance Abuse needed?  Yes  No

Fentanyl use?  Yes  No

Other:

Mental Health History:

Any current relationship with Mental Health or recovery treatment?  Yes  No

If yes, please specify:

Notes:

## CenCal Health's Recuperative Care Prior Authorization Checklist

### Additional Clinical Information

IV Antibiotics?  Yes  No

If YES, please attach documentation

Medical/Medication Management & Education:  Yes  No

Wound Care:  Yes  No

Physical Therapy:  Yes  No

### DME Information

Walker:  Yes  No

Cane:  Yes  No

Crutches:  Yes  No

Other:

### Home Health: Must be arranged prior to discharge to recuperative care site

Check here if the member does not have Home Health orders at this time.

Name of Home Health Provider:

Phone Number:

Confirmation start of services:

### Follow-up appointments

**Prior to hospital discharge, please arrange all follow-up appointments required.**

Please list the following:

Provider Name	Phone Number	Appointment Date/Time	Appointment Reason	Address

Questions continued >


## CenCal Health's Recuperative Care Prior Authorization Checklist

**Please attach Documents: All documents required upon submission as applicable\***

- Face Sheet
- CXR or PPD (within last year)
- History & Physical
- S.W. Notes *(if applicable)*
- Consultation Notes *(if applicable)*
- Recent PT/OT/ Speech Therapy *(if applicable)*
- Medication List
- Wound Care Notes *(if applicable)*
- COVID-19 Test Required
- Psych Notes *(if applicable)* – Please include the last two days of nursing documentation.
- Home Health Order *(if applicable)*

**ONLY for Recuperative Care Transfers:**

Please include hospital clinical documentation and recup site progress notes.



**After completion, submit this form with the referral to the Recuperative Care Provider or secure fax (805) 681-3039.**  
Incomplete forms and/or missing documents will delay decisions.

Additional Info: