



CenCalHEALTH®
Local. Quality. Healthcare.

Medically Tailored Meals

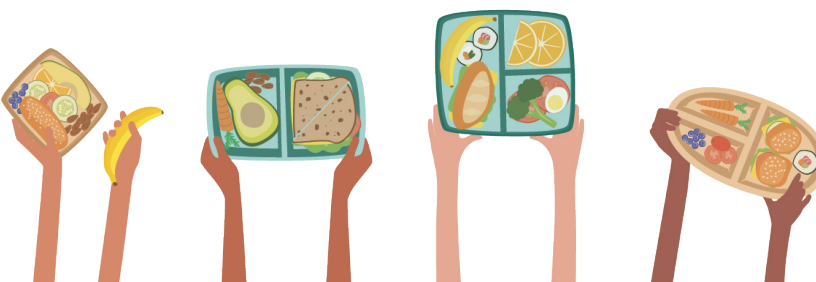
Quick Reference Guide

What are Medically Tailored Meals?

The program provides short-term (up to 12 weeks) meal delivery service for members in need of dietary support. Medically Tailored Meals are tailored to individual dietary needs, currently including low sodium and American Diabetic Association (to support those with diabetes mellitus) meals.

The goal is to improve or maintain the health and overall function of an individual as they recover from an acute health condition or illness.

Members will receive two (2) meals per day, for a total of fourteen (14) meals per week. The meals are typically delivered in a cold storage container once a week.



Who is eligible?

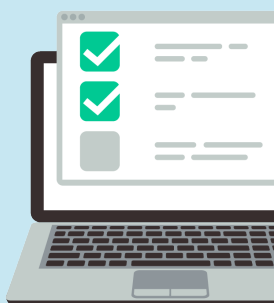
- Members with one of the following diagnoses:
 - Diabetes, with an A1c 9 or higher
 - Chronic kidney disease, Stages 3 or 4
 - Congestive heart failure, Stages C or D

and have one of the following:

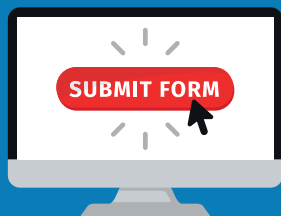
- Have been discharged from a skilled nursing facility in the last 6 months.
- Have had an emergency room visit or in-patient stay within the last 6 months.

Required Documentation

- Information and Referral Form**
The fillable form is available at <https://qrco.de/bdKh1i>.
- Any relevant medical documentation to support request**



How to submit for authorization for Medically Tailored Meals



Primary Care, Specialty Care, or Enhanced Care Management Providers may request Medically Tailored Meals by submitting a Treatment Authorization Form through the provider portal, or by fax to (805) 681-3039.

Unit of service: One (1)

HCPCS billing code: S5170 (U6 modifier)

Quantity: 168

Dates of Service: Six (6) months

For claims & billing please reference the HCPCS codes and units.

Exclusion criteria

Some members may not be eligible for MTM services.

They include:

- Members who reside in a living facility that provides more than 7 meals a week.
- Members receiving more than two meals per week from another meal provider.
- Members receiving other meal delivery services from local, state, or federally funded programs (i.g., Meals on Wheels).



For a list of contracted providers who can provide your eligible patients with Medically Tailored Meals <https://qrco.de/bdVaAZ>



Link to Provider FAQs: <https://qrco.de/bdKtpT>



For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- communitysupports@cencalhealth.org
(if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

