

Recuperative Care Quick Reference Guide

What is Recuperative Care?

Recuperative Care, also called medical respite, provides short-term residential care for individuals who (a) are homeless or at risk of being homeless, (b) are discharging from the hospital, but still need to heal from injury or illness, and (c) whose conditions would be exacerbated by an unstable living environment.

An extended stay in a recovery care setting allows individuals to continue their recovery and receive post-discharge treatment while obtaining access to primary care, behavioral health services, case management, and other supportive social services, such as transportation, food, and housing.

CenCal Health members who qualify for this service can receive up to ninety (90) days of Recuperative Care services consecutively.



Who is eligible?

Individuals enrolled with CenCal Health who:

- Are at risk of hospitalization or are post-hospitalization
- Are experiencing homelessness or at-risk of homelessness
- Have one or more serious chronic conditions
- Have a serious mental illness (SMI)
- Are at risk of institutionalization or overdose or are requiring residential services because of a substance use disorder (SUD)
- Have a serious emotional disturbance (SED)
- Are receiving enhanced care management (ECM)
- Are a Transition-Age Youth with a significant barrier to housing stability or who have been victims of trafficking or domestic violence.

How to submit a request for authorization



Recuperative Care Providers can submit a Treatment Authorization Form TAR (50-1) for Recuperative Care through the Provider Portal or by fax at (805) 681-3039.

Unit of service: Per Diem (Per Day)

HCPCS billing code: T2033 U6 modifier code

Quantity: Initial authorization should be for 30 days to avoid discharge delay. Secondary authorization must be submitted before the initial authorization expires for up to a total of 60 additional days.

Dates of Service: 90 days or 3 months

For claims & billing please reference the HCPCS codes and units.

Required Documentation

- Recuperative Care Information and Referral Form https://qrco.de/RCinfoandform
- Discharge plan or care plan

 Any relevant documentation to support the RC request

Visit our Provider Directory for a list of contracted Providers https://grco.de/bdVaAZ

Link to Provider FAQs: https://grco.de/bdKtpT





For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- communitysupports@cencalhealth.org (if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

