

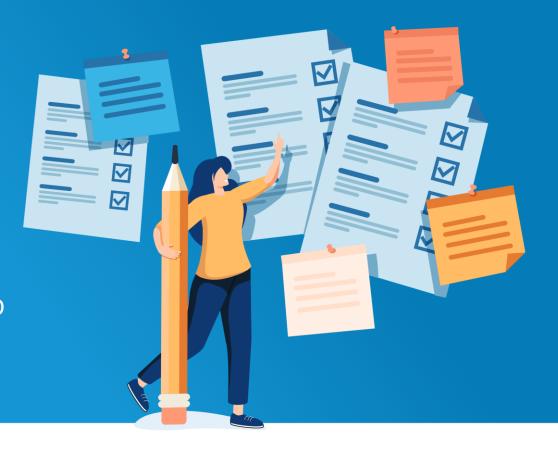
#### Newly Contracted Provider Orientation

Primary Care Provider

Provider Services 2023

#### **Training Orientation Agenda**

- Medi-Cal Coverage & CenCal Health Mission
- CenCal Health New Member Integration
- Member Eligibility & Benefits
- Quality Care Incentive Program
- Provider Resources
- Authorizations
- Pharmacy Services
- Claims & Billing
- Culturally Competent Care, Health Literacy, DEI, & SPD
- Portal Demonstration



#### What is Covered California and Medi-Cal?



Covered California is the state's health insurance marketplace where Californians can shop for health plans and access financial assistance.

www.coveredca.com/apply/



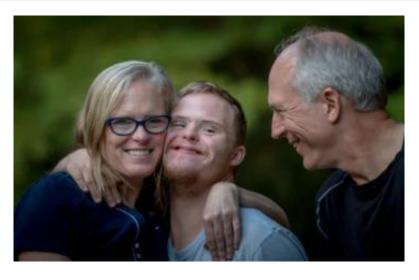
Medi-Cal offers low-cost or free health coverage to eligible Californian residents with limited income.

Health plans available through Medi-Cal and Covered California both offer a similar set of important benefits, called <u>essential health benefits</u>.



### Medi-Cal Eligibility Criteria















#### New Medi-Cal Eligible Person





#### Who is CenCal Health?

1983

Founded in 1983 as Santa Barbara Regional Health **Authority** 

2008

Began serving San Luis Obispo County in 2008

First managed care Medi-Cal plan of its type (COHS)

220,588

CenCal Health Membership As of July 2022

**TWO** 

Exclusive full-scope Medi-Cal plan in our two counties

> Responsible for all covered benefits except carve-outs: Prescription drugs, dental care, SED behavioral care



#### Our Mission, Vision, and Values

As the first Medi-Cal Managed Care Plan in the nation to pilot this model, innovation is who we are.



#### -Our Mission

To improve the health and well-being of the communities we serve by providing access to high-quality health services, along with education and outreach, for our members.

#### -Our Vision

To be a trusted leader in advancing health equity so that our communities thrive and achieve optimal health together.

#### -Our Values

#### Compassionate Service

Serving and advocating for all customers with excellence.

#### Collaboration

Coming together to achieve exceptional results.

#### Integrity

Doing the right thing, even and especially when it is hard.

#### • Improvement

Continually improving to ensure our growth, success, and sustainability.

Our Mission, Vision, & Values

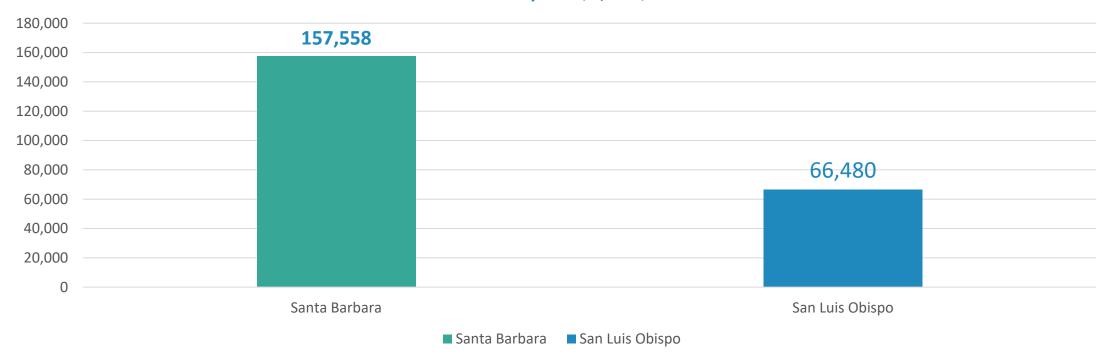




### Membership Demographics

Membership Total By County
Total CenCal Health Membership

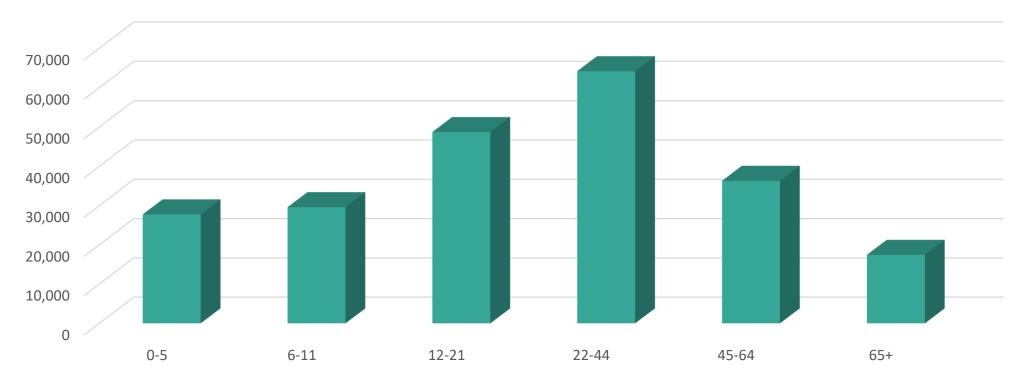
224,038 (Sep 2022)





## CenCal Health Membership Age Group

Aggregate Members by Age Group (Sep. 2022)





#### New CenCal Health Members

#### **New Members receive:**

- Welcome Packet
- CenCal Health ID card
- Member Handbook & Benefits
- A welcome call from our Health Navigators



#### Member Benefits Include:

- Primary care
- Specialty care
- Durable Medical Equipment
- Self-referral services
- Pharmacy
- Emergency care
- Inpatient and outpatient hospital care
- Diagnostic services (lab, x-ray, imaging)
- Mental Health & Behavioral Health Services

#### **Services Covered by Other Agencies:**

- Dental Services (Denti-Cal)
- Specialty Mental Health Services
- County Substance Use Services
- Tri County Regional Center
- Local Education Agency
- Medi-Cal Rx Pharmacy Benefit





#### Responsibilities of the Primary Care Provider (PCP)

Members are considered 'Special Class' so they can pick a PCP that best fits their needs (closest to home, language available, CCS paneled, etc.)

The PCP is responsible for the management of patient's care. The PCP office issues Referral Authorizations Form (RAF) for specialty care

Provide care for the majority of healthcare issues presented by the member, including preventive, acute, and chronic healthcare

Supply risk assessment, treatment planning, coordination of medically necessary services, referrals, follow up and monitoring of appropriate services, and resources required to meet the needs of the member.

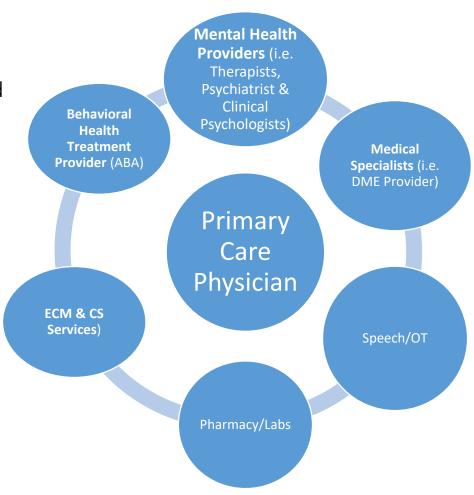
Member Assistance 1 (877) 814-1861



#### Responsibilities of the Primary Care Provider (PCP)

Coordinate and direct appropriate care for members, including:

- Initial Health Assessments
- Preventive services in accordance with established standards and periodicity schedules as required by age and according to the American Academy of Pediatrics (AAP) and the United States Preventive Services Task Force (USPSTF)
- Second opinions
- Consultation with referral specialists
- Follow-up care to assess results of primary care treatment regimen and specialist recommendations
- Special treatment within the framework of integrated, continuous care
- Screen members for mental health and substance use difficulties, provide treatment within scope of practice, and assist the member with referrals to appropriate treatment providers.





### Member Rights and Responsibilities

- CenCal Health is required to inform its members of their rights and responsibilities and ensure that
  members rights are respected and observed. CenCal Health provides this information to members in the
  Member Handbook upon enrollment, annually in the member newsletters, on CenCal Health website and
  upon request
- Providers are required to post the members' right and responsibilities in the waiting room of the facility which services are rendered
- Members have the right to:
  - Be treated with respect and dignity by all CenCal Health and provider staff
  - Privacy and to have medical information kept confidential
  - Get information about CenCal Health, our providers, provider services and their member rights and responsibilities
  - Choose a doctor within CenCal Health's network
  - Talk openly with health care providers about medically necessary treatment options, regardless of cost benefits
  - Get information about their medical condition and treatment plan options in a way that is easy to understand

### Member Rights and Responsibilities (cont.)

- Members have the right to:
  - Help make decisions about their health care, including the right to say "no" to medical treatment
  - Voice complaints or appeals, either verbally or in writing, about CenCal Health or the care we provide
  - Get oral interpretation services in language that they understand
  - Make an advance directive
  - Access family planning services, federally qualified health centers, Indian Health Services facilities, sexually transmitted disease services and emergency services outside of CenCal Health's network
  - Ask for a stated hearing, including information on the conditions under which a state hearing can be expedited
  - Have access to their medical record and where legally appropriate, get copies of, update or correct their medical record
  - Access minor consent services
  - Get written member information in large-size print and other formats upon request and in a timely manner for the format being requested
  - Be free from any form of control or limitation used as a means of pressure, punishment, convenience or revenge

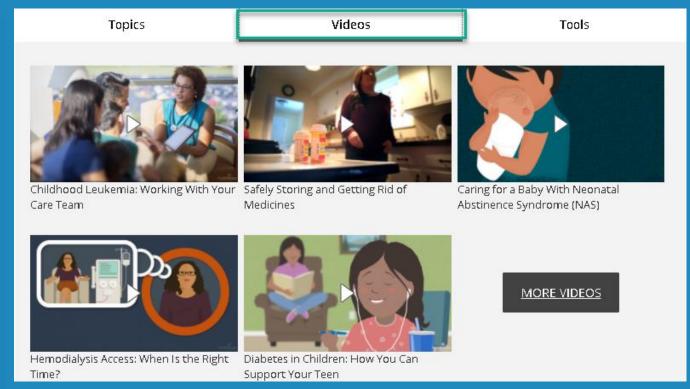
## Accessibility

Category	Timely Access Standard
Urgent care appointment for which no prior authorization is required	24 hours
Urgent care appointment for services that do require prior authorization	96 hours from request
Non-urgent, primary care – including first pre-natal visit No authorization required	10 business days
Non-urgent, non-physicians mental health provider *	10 business days
Non-urgent, Specialist care	15 business days
Non-urgent, ancillary services	15 business days



#### Nurse Advice Line & Health Resources





cencalhealth.org/providers/patient-education-materials/nurse-advice-line/

www.cencalhealth.org/health-and-wellness/

cencalhealth.org/after-hours/



## Member Eligibility

Who, what, when, where, how?





#### Ways to check Eligibility

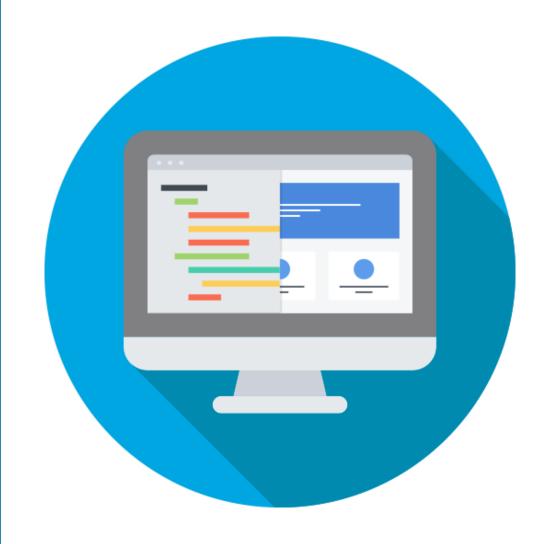
 Online verification on CenCal Health Provider Portal



- Call the Member Services Department (877) 814-1861
- Primary Care Providers, can reference their Case Management List on the CenCal Health Provider Portal

Additional Resources: cencalhealth.org/providers/eligibility



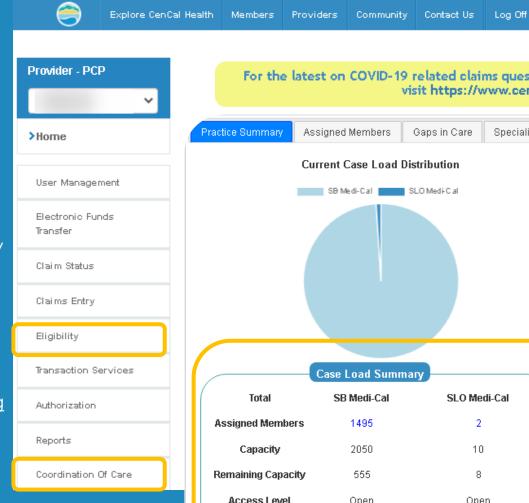


#### Online Portal

Staff screen permissions are managed by your Administrator, or Office Manager

Portal User Guide: Cencalhealth.org/portal/prov ider-portal/

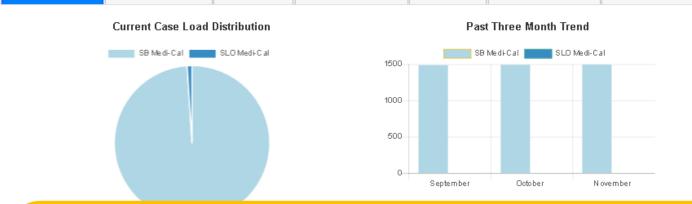
Unable to see these banner permissions? Contact your Portal Administrator or email webmaster@cencalhealth.org



Practice Summary

For the latest on COVID-19 related claims questions, authorization changes, telemedicine codes and more: visit https://www.cencalhealth.org/providerservicesfaq

Authorization



Specialized Program

	Case Load Summary	
Total	SB Medi-Cal	SLO Medi-Cal
Assigned Members	1495	2
Capacity	2050	10
Remaining Capacity	555	8
Access Level	Open	Open

Assigned Members

Gaps in Care

Category	Total Members	
Assigned Members	1497	
California Children's Service	51	
Medi-Medi	1	
Other Health Coverage	36	
Case Managed	60	

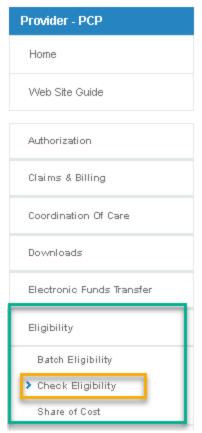
Case Mix Summary

Mental BHT Services

Hospital Utilization



## Online - Provider Portal Eligibility Check



#### Member Eligibility

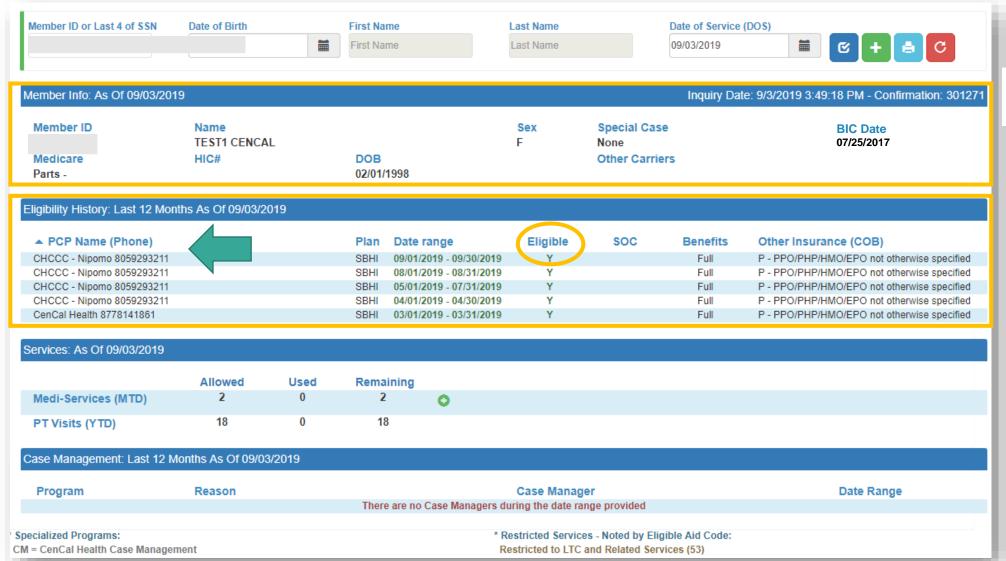


#### Data Requirements:

- 1. Member ID# or Last 4 of Member's SSN
- 2. Members Date of Birth or First/Last Name
- 3. Date of Service (DOS)

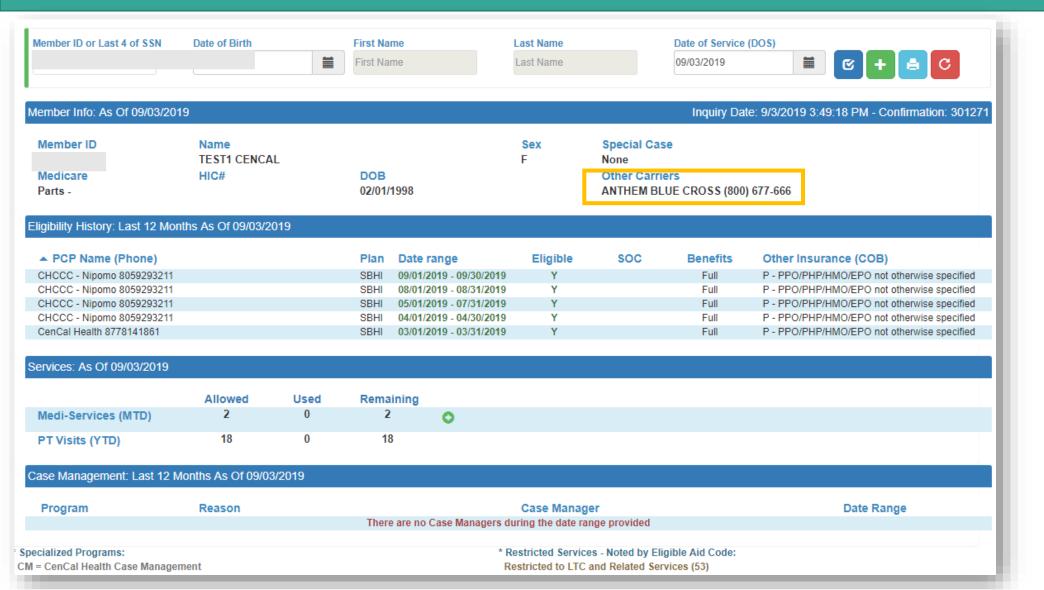


### Eligible Member

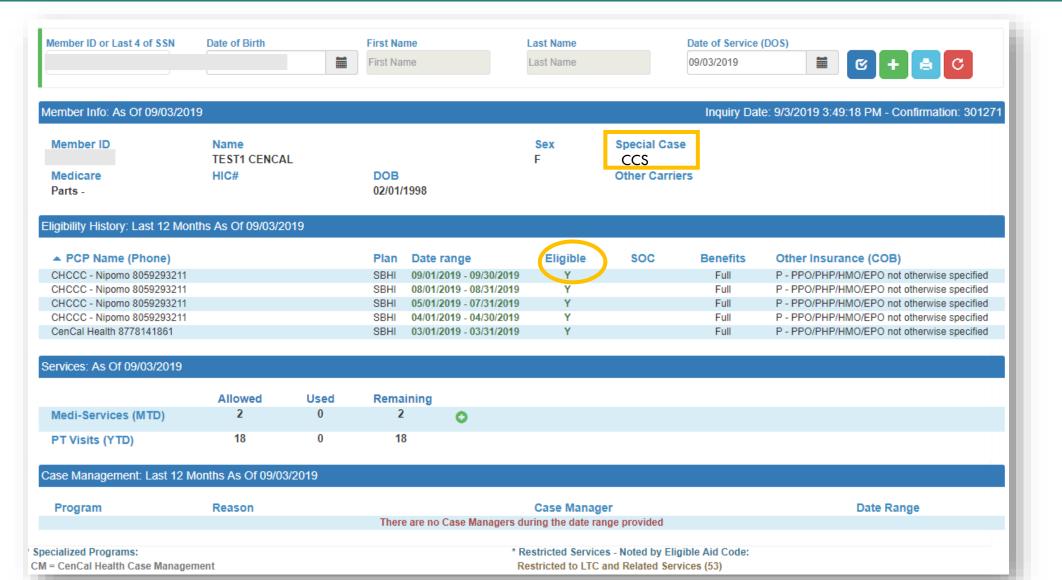


- Check Eligibility
- Add Member to Batch
- Download to CSV
- C Reset Screen

#### Eligible Member - With Other Health Carriers



## CCS Eligible Member



# Whole Child Model (WCM) & California Children's Services (CCS)

CCS provides case management to children (0-21 years) who have serious, chronic and disabling physical conditions or diseases with special health care needs

CCS will require medical reports from a physician in order to determine eligibility and authorize services

Santa Barbara and San Luis Obispo CCS determine initial and annual eligibility (medical, residential, financial)



https://www.cencalhealth.org/providers/ccs-whole-child-model/

# Whole Child Model (WCM) & California Children's Services (CCS)

If the patient is a CenCal Health member, CCS turns the case over to CenCal Health for authorizations, Care Coordination, and Case Management

CenCal Health is billed for all of these services, and pays the approved claims

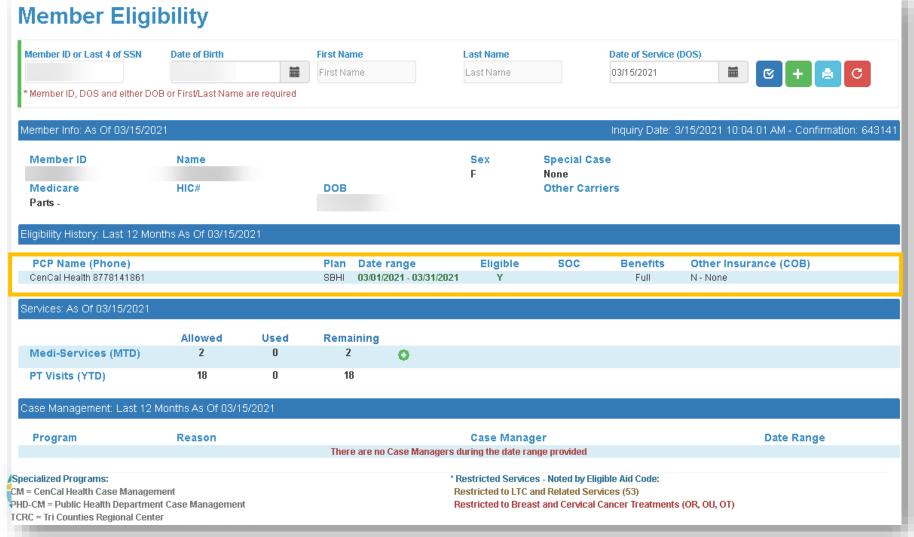
All providers that give services to our CenCal Health CCS eligible members are required to be CCS-paneled







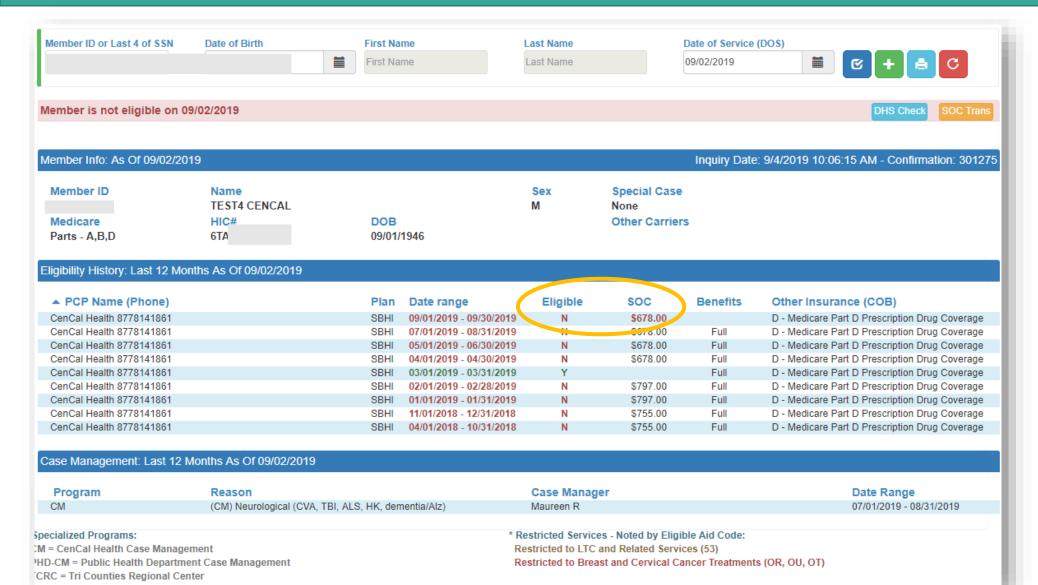
## Special Class Eligible Member



#### **Special Class Categories:**

- First month of eligibility with CenCal Health
- Resident in a LTC/SNF Facility
- Institutions for the developmentally disabled
- Hospice
- Are qualified under the Genetically Handicapped Persons Program (GHPP)

# Member Not Eligible Share of Cost (SOC)



# Share of Cost (SOC) To Clear or Not to Clear

SOC is a dollar amount that a member is responsible to pay on a monthly basis. The amount is established by Department of Social Services (DSS) not CenCal Health

The member must pay their SOC each month before they are eligible for CenCal benefits

If a SOC is paid to you by the patient, the amount should be spent down immediately through the portal

After the SOC is paid in full, the newly eligible CenCal member will not select a PCP, but will be made 'Special Class' for the month

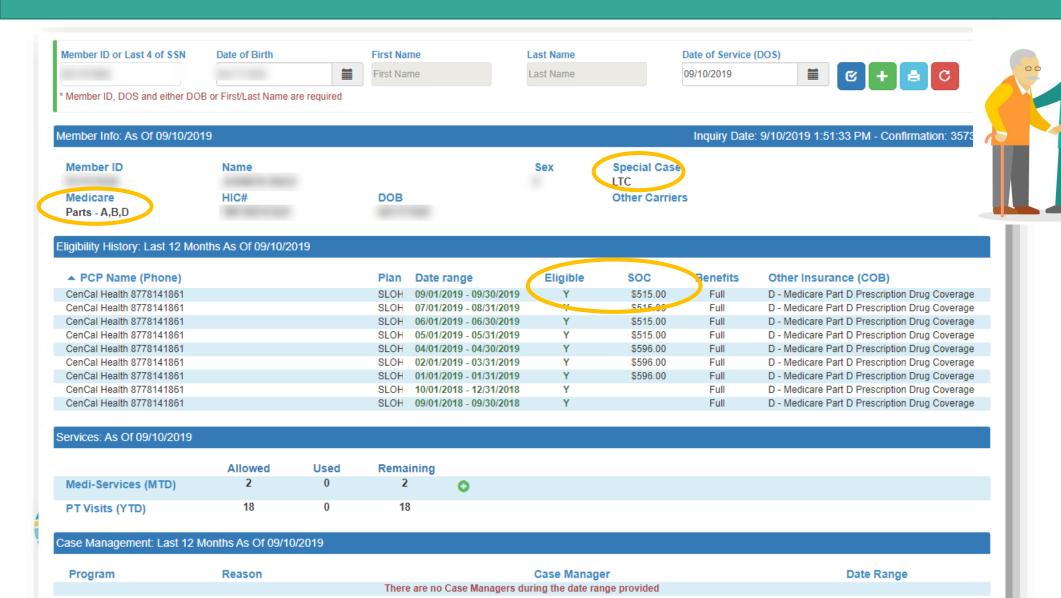


Clear a Members SOC Online at <a href="www.medi-cal.ca.gov/mcwebpub/login.aspx">www.medi-cal.ca.gov/mcwebpub/login.aspx</a>

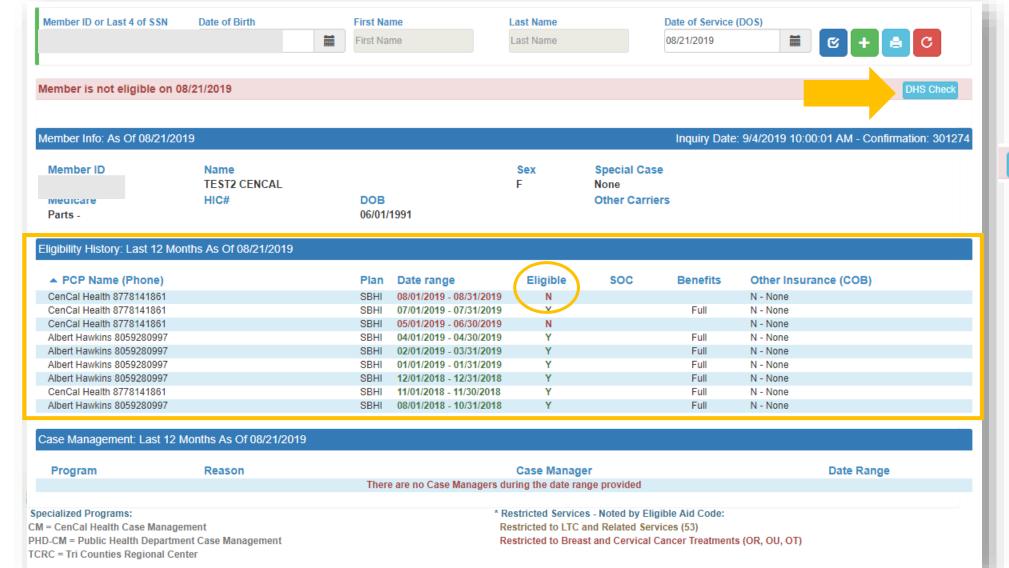
**DHCS Telephone Service Center at 1-800-541-5555** 



#### Eligible Member – LTC, Share of Cost & Dual Medicare Primary



## Non Eligible Member – Check DHCS



DHS Check

DHCS
Check a
direct link to
the States
Database

# Quality Care Incentive Program (QCIP) Goals & Measures





### PCP Incentive Program Goals

Identify members due for clinically recommended aspects of care

- Assist PCPs in providing comprehensive high quality health care for members
- Information reported monthly through the Portal and payments sent quarterly
- Rolling 12 month measurement





# Identified measures for inclusion based on:

Areas of needed quality improvement for the Plan

Accurate quality of care measurement from claims, labs, and registry data

Equitable distribution of adult and pediatric measures

Coverage of disease management and preventive care measures

Alignment with state-wide recommended focus areas



### Key Features:

- Calculated using real time data
- Quality and timeliness of claims reflected in quality score and payment
- Requires no manual data input from providers
- Quality Score is based on performance for all measures combined
- Quintile performance is calculated as a comparison to peers



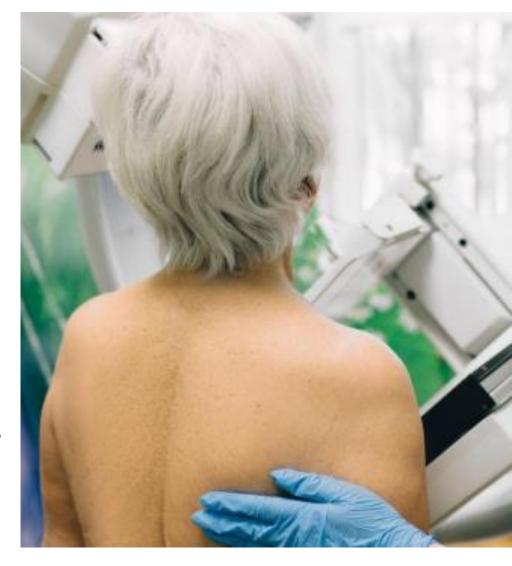
# Program Measures

- Priority Measures quality measures that will be incentivized
- Informational Measures quality measures that will be reported but not incentivized



### Women's Health Priority Measures:

- Breast Cancer Screening: the number of female members age 52-74 who've received a screening mammogram in the last 24 months
- <u>Cervical Cancer Screening</u>: the number of female members age 24-64 who've received appropriate cervical cancer screening in the last 36 or 60 months
- <u>Chlamydia Screening in Women</u>: the number of women ages 16-24 who are sexually active and have been screened for chlamydia in the last 12 months







### **Pediatric Care Priority Measures:**

- Immunizations for Adolescents: the number of adolescents who've received at least 1 Tdap, 1 Meningococcal, and at least 2 HPV vaccines before their 13<sup>th</sup> birthday.
- Well Child Visits in the First Thirty Months of Life: the number of children who've had the following:
  - Six or more well-child visits before their 15<sup>th</sup> month of age.
  - Two or more well-child visits before their 30<sup>th</sup> month of age.
- Child and Adolescent Well-Care Visits: the number of children ages 3-21 who had at least one well-care visit during the last 12 months.
- <u>Lead Screening in Children:</u> the number of children who had at least one blood lead screening test before their 2<sup>nd</sup> birthday



### **Behavioral Health Priority Measures:**

- Antidepressant Medication Management Acute
   <u>Treatment</u>: the percentage of members age 18 and older who were diagnosed with major depression and remained on an antidepressant for at least 12 weeks
- Antidepressant Medication Management Continuing
   <u>Treatment</u>: the percentage of members age 18 and
   older who were diagnosed with major depression and
   remained on an antidepressant for at least 6 months



### Informational Measure:

• <u>Avoidance of Opioids at a High Dosage</u>: the percentage of members who were prescribed two or more opioids on different dates that had less than 15 days of total opioid prescription coverage.

### Respiratory Care Priority Measure:

 Asthma Medication Ratio: the number of asthmatic members who have a ratio of filled controller asthma medications to total asthma medication fills of 50% or more in the last 12 months



### **Informational Measures:**

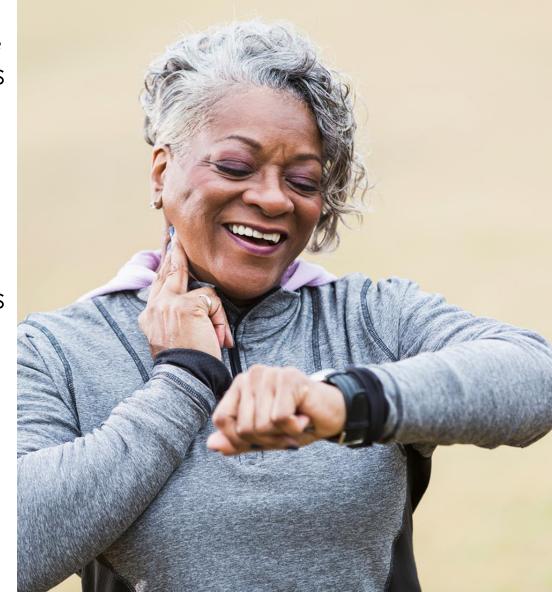
- Pharmacotherapy Management of COPD Exacerbation Bronchodilator: the percentage of members with COPD 40 and older who had an ED visit and were dispensed a bronchodilator.
- Pharmacotherapy Management of COPD Exacerbation Systemic Corticosteroid: the percentage of members with COPD 40 and older who had an ED visit and were dispensed a systemic corticosteroid.

### Cardiac Care Informational Measures:

- Statin Therapy for Patients with Cardiovascular

  Disease Received Statin Therapy: the percentage of male members ages 21-75 and female members 40-75 with cardiovascular disease who were dispensed at least one high or moderate intensity statin medication.
- Statin Therapy for Patients with Cardiovascular

  Disease Statin Adherence 80%: the percentage of male members ages 21-75 and female members 40-75 with cardiovascular disease who remained on a high or moderate intensity statin medication for at least 80% of the treatment period.





### Diabetes Care Priority Measures:

- HbA1c Testing: the number of diabetic members who've received an HbA1c test in the last twelve months.
- Retinal Eye Exams: the number of diabetic members who've a retinal or dilated eye exam by an optometrist or ophthalmologist in the last 12 months or a negative retinal or dilated eye exam in the last 24 months.



#### **Informational Measures:**

- Statin Therapy for Patients with Diabetes Received Statin Therapy: the percentage of members ages 40-75 with diabetes who were dispensed at least one statin medication during the year.
- <u>Statin Therapy for Patients with Diabetes Statin Adherence 80%</u>: the percentage of members ages 40-75 with diabetes who remained on a statin medication for at least 80% of the treatment period.

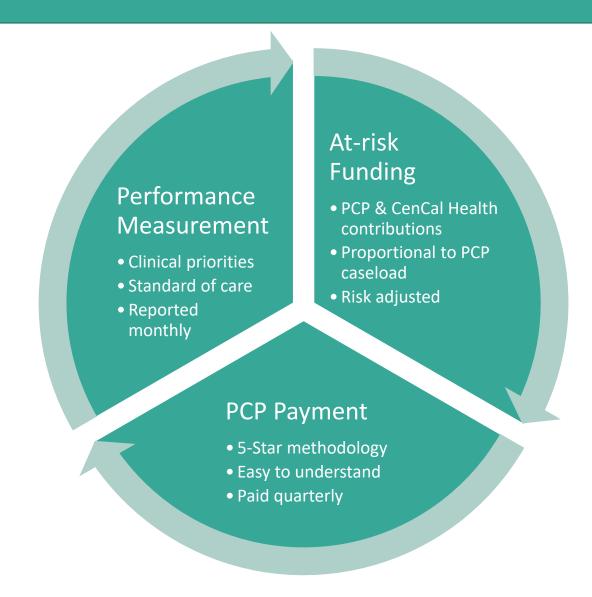
# QCIP Structure, Funding & Calculations





# Program Structure

- Responsive to external feedback & lessons learned
- Performance is reported monthly & payments made quarterly
- No measures used for payment encourage withholding of services





# Funding

- Funding is "at-risk" & earned based on performance
- Provider-specific & scaled to member caseload
- PCPs choose a capitation withhold of 20% or 40%
- PCPs may choose their withhold once annually in advance of the QCIP reporting year
- CenCal Health contributes a percentage of capitation & adjusts it monthly to target an overall network-wide payout
- CenCal Health's contribution is subject to annual budget approval



# Performance Calculation



- All capitated PCPs participate, subject to sufficient number of members to responsibly measure performance (n ≥ 30)
- Performance is calculated using NCQAcertified software
- Easy-to-understand calculation for each PCP's assigned members & their care needs
- Performance is based on how often the standard of care is met
- NCQA Medicaid benchmarks are reported for reference



# Payment Calculation

- Straightforward, familiar 5-Star methodology
- PCPs are stratified by their aggregate performance score for all 12 measures used for payment
- PCPs are grouped according to their performance into 5 groups of equal size

- Each group corresponds to a number of stars earned
- Payment is based on stars

```
5 stars = 100% of total at-risk funding
```

4 stars = 80%

 $\star$  3 stars = 60%

2 stars = 40%

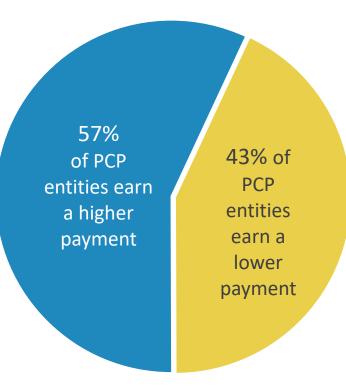
1 star = 20%



# Projected Payments

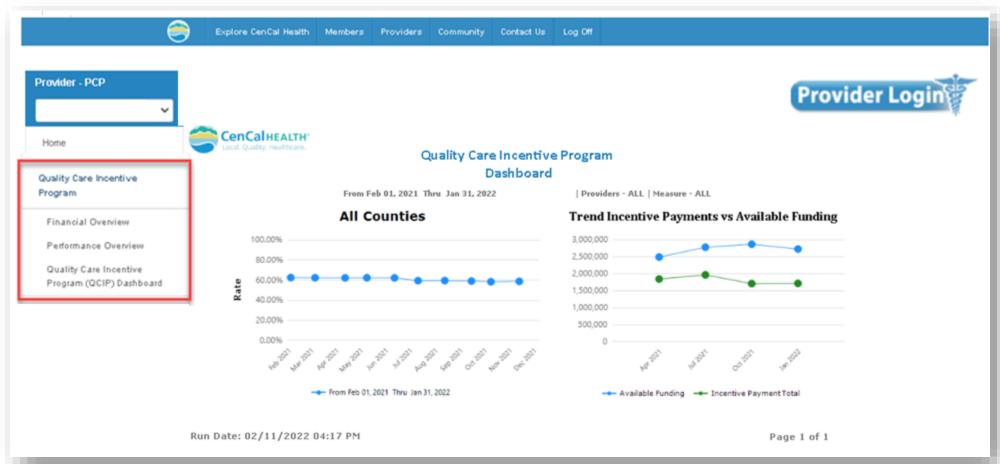
- Approximately \$12 million equivalent to prior year PMPM
- All PCP contracted entities
  - Median increase 81%
  - Median decrease 19%
- Large PCP entities
  - Maximum increase 143%
  - Maximum decrease 44%
- For Year-1 the payment methodology was moderated to lessen the incentive for all PCPs





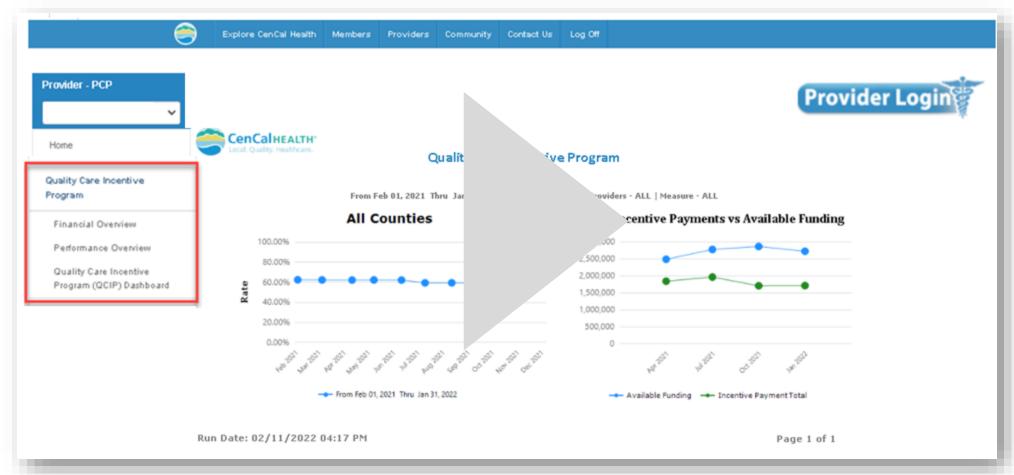


# Quality Care Incentive Program Dashboard





## Provider Portal Video Demo





- Mental Health Benefits
- Substance Use Benefits
- Behavioral Health Treatment (ABA) Benefits





## Mental Health Services

Mental health services are a covered benefit for CenCal Health members when medically necessary and may be provided by:

- A PCP within scope of practice
- A licensed mental health professional employed by a CenCal Health contracted FQHC
- A mental health provider contracted with the CenCal Health





## Mental Health Benefits

The following Mental Health <u>benefits</u> covered by CenCal Health include:

- Initial evaluation
- Individual, family and group mental health evaluation and treatment (psychotherapy)
- Psychological testing, when clinically indicated to evaluate a mental health condition or establish diagnosis for a neurodevelopmental condition.



## Mental Health Services

# The following Mental Health <u>services</u> covered by CenCal Health include:

- Outpatient services for the purposes of monitoring drug therapy.
- Outpatient laboratory, drugs, supplies and supplements.
- Psychiatric consultation
  - ➤ (No pre-service authorization required. Treating physician must be the requesting provider. Note: psychiatric consultation in the Emergency Room is not a covered benefit).



## Mental Health Benefits

### The following Mental Health services that <u>require</u> preauthorization:

Psychological Testing

### The following Mental Health services that <u>DO NOT</u> require preauthorization:

- Psychotherapy
- Medication Management (including laboratory testing, supplies, and supplements)



# Mental Health Services

Level of Impairment	Mild	Moderate	Severe
Benefit	Primary Care Physician/In-Network Provider	Primary Care Physician/In-Network Provider	Specialty Mental Health Services (SMHS)
MCP/MHP	CenCal Provider	CenCal Provider	County Provider



## Mental Health Services

# The following Mental Health services are <u>NOT</u> covered benefits by CenCal Health:

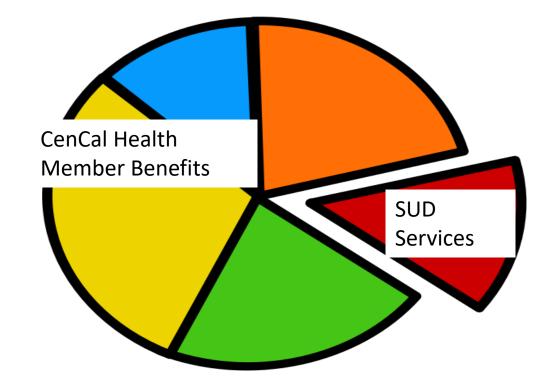
- ✓ Couples counseling or family counseling to address relational problems.
- ✓ Specialty Mental Health Services (including crisis, inpatient and residential treatment, outpatient psychotherapy for the treatment of SMI and mental health services to children under EPSDT) will continue to be the responsibility of the County Mental Health Departments.
- ✓ County Mental Health Departments are available for psychiatric consultations to CenCal contracted primary healthcare providers.



## Substance Use Benefit

Substance use services remain a <u>carve-out</u> benefit to the County.

- Detox
- Residential
- MAT
- Dual Diagnosis Programs
- IOP





## Substance Use Benefit

- Substance use and dependence disorders can be a secondary diagnoses to a primary mental health diagnosis for treatment purposes.
  - Treatment for primary substance use disorders are carved-out to County Substance Abuse Services.
- Medication management providers may manage medication assistance treatment (MAT) options in conjunction with medications for mental health treatment.
  - PCP's may not only be solely providing MAT services to a member.



### Mental Health Authorizations

Reminder: Authorizations are not required for psychotherapy or medication management services.

• Referrals (RAFB) are required for psychological testing. The Member's Primary Care Physician (PCP) can submit referrals via the Provider Portal or by fax to the Behavioral Health Department at (805) 681-3070.



RAFB form is specifically for behavioral health referrals.



# Provider Paper RAFB Form

Enter "Service Type"



#### **AUTHORIZATION REQUEST FORM**

CenCalHEALTH'
Local, Quality, Healthcare.

○ URGENT\*\* ○ ROUTINE ○ RETRO\*

Behavioral Health FAX (805) 681-3070 or send via secure link: https://gateway.cencalhealth.org/form/hs

\*\*\* IN ORDER TO PROCESS YOUR REQUEST, FORM MUST BE COMPLETE AND LEGIBLE \*\*\*

\*\* URGENT is only when normal time frame for authorization will be detrimental to patient's life or health; jeopardize patient's ability to regain maximum function; or result in loss of life, limb, or other major bodily function. URGENT requests are addressed within 72 hours.

PATIENT INFORMATION				
atient Name:			Filist	
Member ID# (CIN):	D.O.I	B: Age:		
iagnosis;	ICD-10:			
NEW REFERRAL AUTHORIZATION (RAF)				
eferring Provider:	Provider	Provider Rendering Service (Physician, Facility, Vendor):		
ND NPI#: Group NPI#:	MD NPI#:		Group NPI#:	
ddress:	Address;_			
Office Contact:	Office Cor	ntact:		
rhone:Fax:			Fax:	
s the Referring Provider the PCP? () YES () N	0 is the Rer	Is the Rendering Provider CCS Paneled? • YES • NO		
ervice Type:	Not requi	Not required for Mental Health Authorization Requests		
FACILITY AUTHORIZATION REQUEST (18-1) & (20				
Inpatient Facility Outpatient Facility	○ SNF			
ffective Date:				
acility NPI:	Facility Ad			
Office Contact:	Phone:		Fax:	
LIST ALL PROCEDURES REQUESTED ALONG WITH	THE APPROPRIATE CPT/HCPCS (	50-1)		
EQUESTED PROCEDURES:	CODE (CPT or HCPCS)	QTY (REQUIRED)	UNITS (REQUIRED)	
			_	
			_	

To prevent delays, please fax all medical documents to support your request with this form.

**4050 Calle Real, Santa Bar** bara, CA 93110 • (805) 562-1082 • Behavioral Health FAX (805) 681-3070

BH Provider line to Call Center (external): (805) 562-1600

**Not Required** 

# Psychological Testing Referrals

Psychological Testing	Neuropsychological Testing
A focused type of testing. Used to clarify psychiatric and developmental diagnosis.	A specialized form of testing that covers both cognitive and behavioral assessment.
Clarify ASD diagnosis, need for ABA therapy.	Can <u>also</u> be used to clarify ASD diagnosis and needs when there are more complex needs/symptoms.



## Mental Health Access

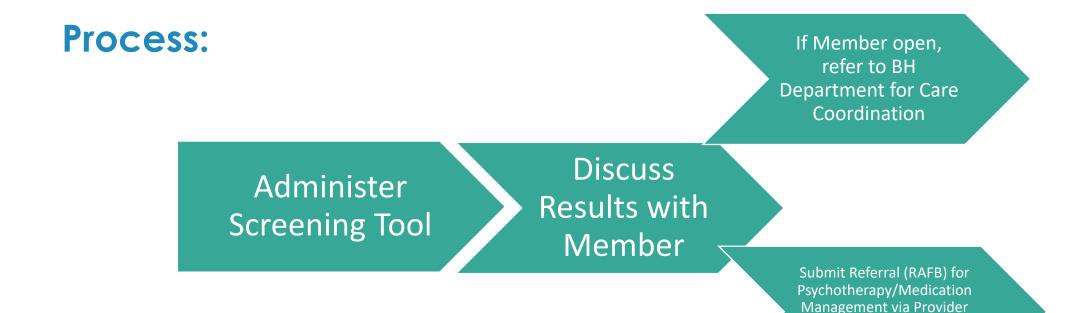


# Members may access psychotherapy and medication management services by:

- Contacting and scheduling with a contracted provider directly.
- 2) Searching the Provider Directory on the CenCal website and scheduling directly with a provider.
- 3) Contacting the Behavioral Health Care Coordination Center for assistance to find a provider.



# Mental Health Referrals for Positive Screenings



Portal or Fax UM form

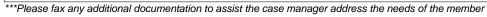




#### Case Management Referral Form PLEASE FAX TO (805) 681-8260

Questions? Call us at (805) 562-1082

Member Informatio	n	Date
First Name:	Last Name	:
Date of Birth:	Member ID#	Preferred Language:
Address:		_Phone #
Contact person:	Relationship:	Phone #
Is the member/caregiv	er aware of this case management	referral: ☐ Yes ☐ No
Referral Source		
Name:	Title:	
Facility:	Phone #:	Fax #
Reason(s) for Refe	rral	
•	ent/ medical non-adherence/ comple trolled diabetes, ESRD, COPD, CH	ex unstable medical conditions requiring ongoing IF)
☐ Frequent utilization	of ED and/or hospital admissions (e	e.g. 2 ED visits in 3 mo., 4 hospitalizations in 1 year
□ Psychosocial needs resources)	(e.g. linkage to food, other living a	rrangements, IHSS, or other community
☐ Fragile condition or	cognitive changes requiring assista	ance with ADLs/IADLs
☐ Coordination of care	e (e.g. providers, pre and post-surgi	ical, specialized programs, community agencies)
	s. SNF to community, Community to	SNF)
Care Transition (e.g		
Behavioral Health (e.g	. untreated/unstable behavioral hea ioral Health referrals please fax th	alth needs, linkage to Mental Health, SUD, or ABA his form to (805) 805-681-3070



#### Thank You for the Referral!

Case management services are provided by registered nurses, social workers and transitional care coordinators via telephone. Upon referral, a case manager will screen for appropriateness and triage to initiate services. If the member accepts case management, the case manager will formulate a plan of care and inform the member's PCP and referral source.

Contact CenCal Health's Member Services Department for benefit questions at (877) 814-1861



# Mental Health & Substance Use Services Access

### Other Options:

- 1. Member may be referred to contact BH Call Center.
- 2. Member may be referred to provider directory
- 3. Complete a Care Coordination Request and fax to BH Department.
- 4. Member may be referred to contact county or a referral to County made.
  - Contact County directly-please use the CenCal Level of Care Screening form for MH Referrals OR
  - 2. BH Department can coordinate the referral to County



# Mental Health Screening Tool: Level of Care Screening

- Level of Care Screening <u>can</u> be completed by PCP or PCP can refer to BH Department to complete with Member.
  - Ensures that member is mild to moderate in impairment of functioning to be treated by an in-network mental health provider.
  - Ensures that members that are screened as severe are served at the County Level under Specialty Mental Health Services.
    - If a member is screened as "Severe", please contact the Behavioral Health Department to coordinate transfer of care to the County Department of Behavioral Health for mental health services.
  - Level Of Care is available on the Provider Website for download.



# Level of Care Screening

### CenCal Health Adult Screening Tool:

https://www.cencalhealth.org/~/media /files/pdfs/providers/forproviders/providermaterials/202201adultscreeningtoolbh. pdf?la=en

All screening tools located at: <a href="https://www.cencalhealth.org/provider">https://www.cencalhealth.org/provider</a> s/behavioral-health



# Adult Medi-Cal Mental Health Screening Tool



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery



Managed Care Plans and Mental Health Plan will follow Medical Necessity Criteria for Medi-Cal Specialty Mental Health Services described in Title 9 CCR & County Policy

nember's Name:	Member ID:	Date of screening:	
Element	Severe (3)	Moderate (2)	Mild (1)
Clinical Complexity (serious & persistent mental illness vs situational/reactive, recovery status, functional impairment, treatment engagement medication complexity, psychiatric hospitalizations)  SCORE:	Depression: Severe. Mental Health History: Schizophrenia or other included Dx with recent instability or worsening function. Hx of severe impairment with poor response to Tx. Psychiatric Hospitalizations: 1+ within past 6 months. Psychotropic Medication Stability: Not yet stable to stable for less than 6 months.	Depression: Moderate. Mental Health History: Schizophrenia, major mood, or other included Dx with uncomplicated management or sustained recovery. Hx of severe impairment with effective response to Tx. Psychiatric Hospitalizations: 1+ within past year Psychotropic Medication Stability: Stable for 6 months.	■ Depression:  Mild. ■ Mental Health History:  Adjustment reaction, grief, job loss, marital distress, relationship difficulty.  No Hx of severe impairment. ■ Psychiatric Hospitalizations:  None within the past year. ■ Psychotropic Medication  Stability: Stable for over a year.
Life Circumstances (biopsychosocial assessment, availability of resources, environmental stressors, family/ social/faith-based support) SCORE:	Emotional Distress: Persistent as a manifestation of chronic symptoms related to mental health.     Relationships/Supports: Relies on behavioral health system for resources & support.	<ul> <li>☐ Emotional Distress:</li> <li>Intermittent as a manifestation of symptoms of mental health, which are worsened by life stressors.</li> <li>☐ Relationships/Supports:</li> <li>Limited resources &amp; support.</li> </ul>	■ Emotional Distress: Arising in the course of normal life stresses. ■ Relationships/Supports: Adequately resourced & supported.
Risk (suicidal/violent, high risk behavior, impulsivity) SCORE:	□ Suicidal/Homicidal Ideation: Recent or current active ideation, intent, or plan. □ Danger to Self/Danger to Others: Recent or current attempts or threats w/in past 6 months.	☐ Suicidal/Homicidal Ideation: Active without intent. Danger to Self/Danger to ☐ Others: No threats or attempts w/in past 6 months.	□ Suicidal/Homicidal Ideation: Passive. □ Danger to Self/Danger to Others: None/.
TOTAL SCORE:	SCREENING OUTCOMES		
	<ul> <li>□ Total Score: 0 - 3 = Mild / Managed Care Plan</li> <li>□ Total Score: 4 - 6 = Moderate / Managed Care Plan</li> <li>□ Total Score: 7 - 9 = Severe / County Mental Health</li> </ul>		
Notes:			

San Luis Obispo Access Line

Santa Barbara Access Line

Phone: (900) 929-1291 - Eav. (905) 791-1

Phone: (888) 868-1649 • Fax: (805) 681-5117

# Level of Care Screening Directions:

- Complete scoring tool based on your initial assessment, member's history, or presenting symptoms.
- Scoring starts left to right, start with Severe Category.
- Member only needs to meet one criteria in the severe/mod/mild category to yield the score. If member does not meet any criteria in the Severe, then move to Moderate, then Mild.
- The total score will yield where the referral should go;
   MCP/CenCal or MHP/County.

# Case Study Example



Maria calls into the call center and reports that she is currently experiencing thoughts to harm herself (no plan or means to carry out a plan). She shares that she has been dealing with suicidal thoughts for most of her life and the last time she attempted suicide was 8 months ago and she was hospitalized for 1 week following this attempt.

She is interested in starting medication management, and was seeing a County Psychiatrist 3months ago but stopped taking her medication, and stopped seeing her provider (she can't remember the psychiatrist's name).

She is not currently seeing any providers, and thinks she may have had a diagnosis of Major Depressive Disorder. She's been feeling very depressed lately and states she sleeps most of the day, and has a hard time waking up to get her children to school.

She reports that her depression started when she was a child and struggled with depression almost her whole life. She reports her husband is frustrated with her, and thinks she can just "snap out of it."

On the phone she is upset and crying. She denies misusing any substances, and states she is unsure if she has any medical conditions that are made worse by her depression. She reports that she has contacted the crisis line almost every week and gone to the Emergency Department last week. She reports that she has no support at home or in the community.

### Maria's Level of Care Screening Tool Scoring



# Adult Medi-Cal Mental Health Screening Tool



Managed Care Plans and Mental Health Plan will follow Medical Necessity Criteria for Medi-Cal Specialty Mental Health Services described in Title 9 CCR & County Policy





Member ID: 99999999 Member's Name: Maria Date of screening: 01/12/2022 Mild (1) Element Severe (3) Moderate (2) Depression: Depression: Depression: Severe. Moderate. Clinical Complexity Mental Health History: Mental Health History: Mental Health History: (serious & persistent mental illness Schizophrenia or other Schizophrenia, major mood, Adjustment reaction, grief, vs situational/reactive. recovery included Dx with recent or other included Dx with job loss, marital distress, status, functional impairment, instability or worsening uncomplicated management or relationship difficulty. treatment engagement medication function. Hx of severe sustained recovery. Hx of severe No Hx of severe impairment. complexity, psychiatric impairment with poor impairment with effective Psychiatric Hospitalizations: hospitalizations) response to Tx. response to Tx. None within the past year. Psychiatric Hospitalizations: Psychiatric Hospitalizations: Psychotropic Medication SCORE: 3 1+ within past 6 months. 1+ within past year Stability: Stable for over a Psychotropic Medication Psychotropic Medication Stability: Stable for 6 months. Stability: Not yet stable to stable for less than 6 months. Emotional Distress: Persistent Emotional Distress: Emotional Distress: Arising Life Circumstances Intermittent as a manifestation as a manifestation of chronic in the course of normal life symptoms related to mental of symptoms of mental health, stresses. (biopsychosocial assessment, which are worsened by life Relationships/Supports: availability of resources. Relationships/Supports: stressors. Adequately resourced & environmental stressors, family/ Relies on behavioral health Relationships/Supports: supported. social/faith-based support) system for resources & Limited resources & support. SCORE: 3 support. Suicidal/Homicidal Ideation: Suicidal/Homicidal Ideation: Suicidal/Homicidal Ideation: Risk Recent or current active Active without intent. Passive. ideation, intent, or plan. Danger to Self/Danger to Danger to Self/Danger to (suicidal/violent, high risk Danger to Self/Danger to Others: No threats or attempts Others: None/. behavior, impulsivity) Others: Recent or current w/in past 6 months. attempts or threats w/in past SCORE: 3 6 months. SCREENING OUTCOMES TOTAL SCORE: 9 ■ Total Score: 0 – 3 = Mild / Managed Care Plan ■ Total Score: 4 – 6 = Moderate / Managed Care Plan ■ Total Score: 7 – 9 = Severe / County Mental Health

## Behavioral Health Treatment-ABA

CenCal Health covers **Behavioral Health Treatment (BHT)** for individuals under the age of 21 in accordance with DHCS EPSDT guidelines.

Behavioral Health Treatment services may include but is not limited to **Applied Behavior Analysis (ABA)**, behavioral interventions and parent training.





### Behavioral Health Treatment (ABA)

### A member may qualify for Behavioral Health Treatment Services if all of the following criteria are met:

- The member is under 21 years of age
- The member has Medi-Cal as primary insurance
- The member is presenting with a pattern of developmentally inappropriate behaviors that is significantly affecting their ability to function in the community and at home.
  - Please note CenCal covered BHT services do not address behaviors affecting the member's functioning in the primary academic educational setting as outlined in an Individualized Education Plan (IEP)



### Behavioral Health Treatment (ABA) – Cont.

- The behaviors are not a result of an untreated medical condition, sensory impairment or mental health disorder that can be treated with another modality (i.e. speech therapy, physical therapy, occupational therapy, counseling services or medication) or the behaviors can be further treated or ameliorated by the provision of BHT in addition to existing treatment modalities
- The member is medically stable
- The member is not in need of a 24-hour medical/nursing monitoring or procedures provided in a hospital or intermediate care facility for persons with intellectual disabilities
- BHT services are medically necessary and are recommended by a licensed physician, surgeon or clinical psychologist

### PCP Mental Health Screening Tools

#### Complete the following annually or more frequently as recommended:

- Depression Screening age 11+
  - PHQ 9
  - Edinburgh Postnatal Depression Scale
  - How to bill us:
    - G8510 for a negative screen
    - G8431 for a positive screen with a documented follow-up plan
    - 96127 for a brief emotional or behavioral assessment w/ scoring & documentation
- Alcohol and Drug Screening, Assessment, Brief Interventions and Referral to Treatment (SABIRT) – age 11+
  - CAGE-AID or other recommended screening tool
- Adverse Childhood Experiences (ACEs) all ages
  - PEARLS for children
  - ACEs screening for adults



### ABA Referrals

#### Assess

 Determine if Member would benefit and meets initial criteria

#### Identify

- Identify other services/agencies involved
- If TCRC involved, was an assessment completed?
   Please include with referral if available.

#### Coordinate/ Refer to:

- LEA for school age children (4+)
- TCRC

#### Refer to CenCal

- Fax RAFB to BH
   Department with all supporting documents
- Submit RAF via Provider Portal



# Provider Portal RAFB Form

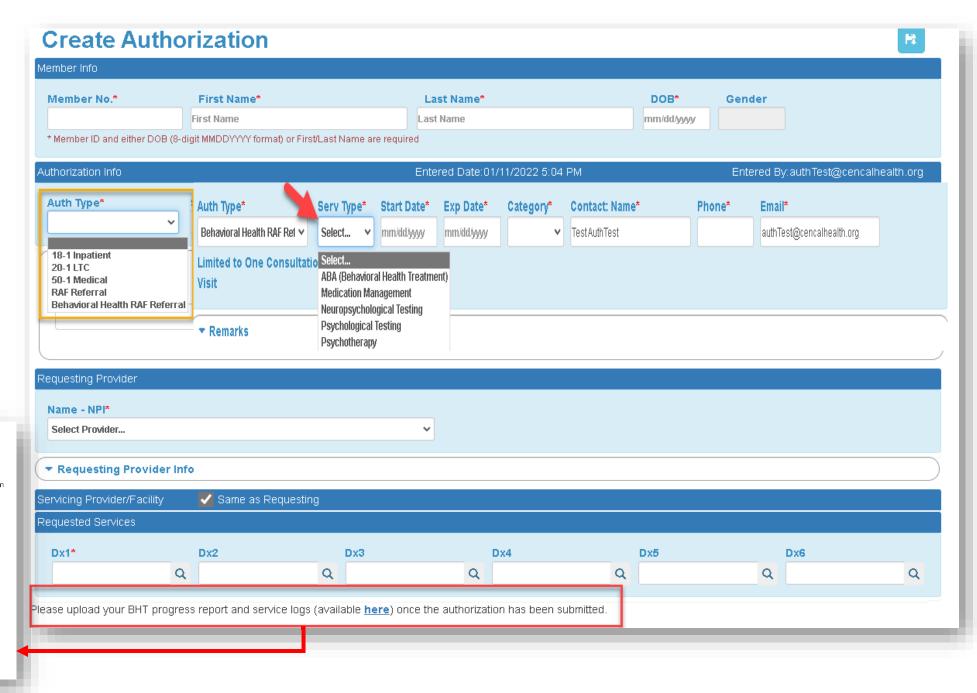
#### Mental & Behavioral Health Resources

#### Mental Health Provider Resources:

- ₹ Psychological/Neuropsychological Testing Pre-Service Authorization Request Form
- 👃 CenCal Health Transition of Care Request Form

#### Behavioral Health Provider Resources:

- Ł Functional Behavioral Assessment Report (Intervention Plan)
- Behavioral Health Treatment Progress Report (6-Month Report/Exit Report)
- Behavioral Health Treatment (BHT) Social Skills Assessment Report
- ▲ ABA Service Hour Log
- 🛂 Tri-Counties Regional Center Referral Checklist



# PCP Checklist for ABA Referrals Goals:

- Help providers include helpful medical or supporting documents when submitting the RAFB authorization referral request
- Allows space for notes related to a member who has a TCRC Case Worker as an additional point of contact

#### PCP Checklist for ABA Referrals



Please submit with a RAFB (provider portal)

For 1	fax requests:	Please submi	t using th	ie BH Fax	Cover She	et and i	ndicate ABA	service.
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tient First and Last:						
arent/Guardian Name:						
est contact number for parent/guardian:						
egional Center Case Worker:						
egional Center Case Worker Phone number (if known):						
lease attach all medical documentation that supports medical necessity of BHT-ABA Member s being referred for:						
lease indicate documents attached:						
Copy of most recent psychological evaluation or developmental assessment.						
Current Regional Center annual review report, Copy of Individual Program Plan (IPP) and Individualized Family Service Plan.						
Copy of Functional Behavior Assessment, including prior assessments.						
Progress Notes indicating diagnosis and recommendation for BHT-ABA Treatment.						
Health and Physical (indicating diagnosis, chronic/acute medical conditions)						
Discharge summaries (if indicating chronic/acute medical conditions)						
Other Documents:						

All screening tools located at:

https://www.cencalhealth.org/providers/behavioral-health

### Care Coordination: Local Educational Agency Services

- Health and mental health evaluation
- Health and nutritional assessment and education
- Developmental assessment
- Vision assessment
- Hearing assessment
- Education and psychosocial assessment
- Psychological and counseling services
- Nursing services
- School aid health services

- Specialized medical transportation services and the associated mileage
- Therapy Services (OT, ST, ABA, Behavioral Therapy, Mental Health) Identification



# Care Coordination: LEA and Referrals of Members for BHT

- CenCal Health, LEA Practitioner or the Member's Primary Care Practitioner shall identify a Member eligible for LEA Services.
- Upon appropriate identification of a Member eligible for LEA services, CenCal Health, or the Member's PCP shall refer the Member to their LEA.
- A Member's PCP shall collaborate with CenCal Health and the LEA to coordinate the provision of Medically Necessary services identified on the Member's IEP or IFSP.
- A PCP should notate other services a Member is receiving or has been referred to on all RAF's for BHT-ABA services.

### **Provider Resources**





FONT SIZE: [] Español

2

**(800) 421-2560** 

Suppor

Q Search

**Explore CenCal Health** 

Members

**Providers** 

Community

**Health & Wellness** 

Contact Us

Message to Our Providers about Business Operations during Coronavirus Outbreak

**VIEW PAGE** 

Can providers bill for telehealth services? Get answers to this & more.



### CenCal Health Provider Manual

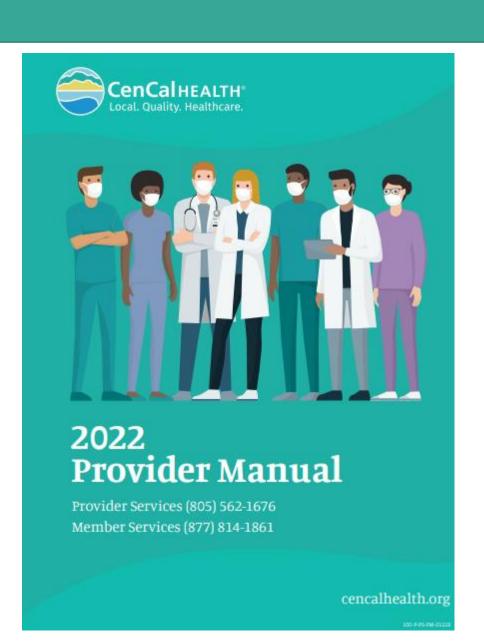
CenCal Health Provider Manual is intended as a tool that describes operational policies and procedures and as a reference guide for CenCal Health's providers and their staff. It contains basic information about how to work with CenCal Health through provider enrollment, provider responsibilities, claims payment details, eligibility, and medical authorization guidelines.

providers/forms-manuals-policies/provider-manual/

### **Medi-Cal Manual link:**

<u>Medi-Cal: Provider Home Page</u>





### Contracted Provider List (CPL) Directory

Provider Directory allows members to search for In-Network physicians, hospitals, clinics, behavioral health providers contracted with CenCal Health.

#### Important Tips:

- Providers need to verify, and attest to the accuracy of their information every 6 months
- Please utilize our Downloadable Roster for changes within your group such as:
  - Change "Mail-To" and "Pay-To" addresses
  - Adding additional rendering physicians
  - Add business owners, and officers
  - Change to office hours
  - Change to languages capabilities provided at your office



**Provider Directory for Members** 



### Provider Grievance Process

Voice your concerns in a formal manner and receive a response on

your outcomes



#### **Grievance Types include:**

- Member Billing Issues
- Authorizations
- Medical Request Form (MRF)
- Claims Dispute
- Vendor Issues

Providers can also speak to our Member Services Department on behalf of a Member call 1(877) 814 - 1861



### Member Grievance Process

A CenCal Health member, has many rights and responsibilities and both are very important to know and understand.

#### How Members can File a Complaint/Appeal:

- Call 1 877 814 1861
   Or, if a member cannot hear or speak well, they can call California Relay at 711 or TTY: 1-833-556-2560
- In Writing via Downloadable Member Grievance Form (English/Spanish Available)

CenCal Health Attention: Grievance and Appeals Coordinator

4050 Calle Real, Santa Barbara, CA 93110

On-Line Grievance Form

https://www.cencalhealth.org/members/file-complaint/





### Authorizations

Helping your patients when they need it the most



### Referral Authorization Form (RAF)

RAFs allow Primary Care Physician (PCP) Group to refer their assigned members to a In-Network Specialist and/or tertiary facility

Specialists are advised to make sure the RAF is approved prior to rendering services

Payment may be delayed or denied if the provider renders services without an approved RAF and/or if the member is not eligible on date of service





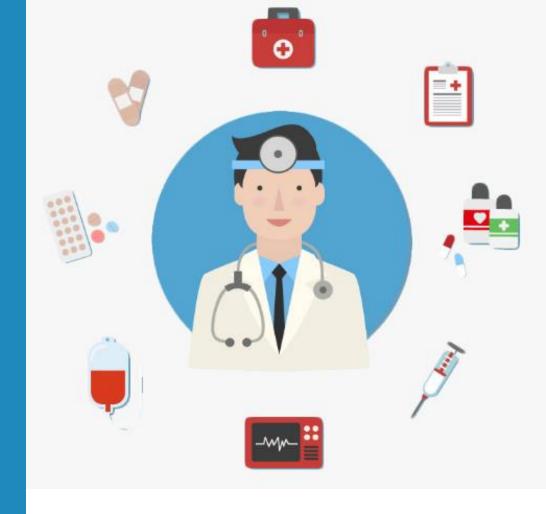
### Not all services require a RAF

There are some exceptions to this rule

Services that are exempt from the RAF requirement:

- Special Class Members
- Sensitive Services (Family planning, sexually transmitted diseases appointments, abortion and HIV testing)
- Chiropractic, Acupuncture, Audiology, Physical Therapy (Limited Services requires a Medi-Reservation)
- Emergency Service





cencalhealth.org/providers/authorizations/referrals/

### Authorization Review Timeframe

- Routine authorizations will have determination within 5 days, but up to 14 days if additional clinical information is requested
- Expedited/Urgent authorizations take about 3 working days.
   CenCal Health may extend the 3 working days' time period by up to 14 calendar days if there is a need for additional information
  - The request can be downgraded upon initial review if determined non urgent
- Post Service Requests will have a 30 day review period

### Submitting Medical Justification

#### Authorizations need supporting documentation for med

- Portal Documentation Upload Feature
- Fax Adult (21yrs and older) documentation (805) 681-3071
- Fax Pediatric (0-20yrs) documentation (805) 692-5140
- Secure File Drop
   <a href="https://gateway.cencalhealth.org/form/hs">https://gateway.cencalhealth.org/form/hs</a>

#### Faxing & Secure File Drop Requirements:

- Add a cover page
- Point of Contact Phone/Email Address
- Contact Name
- Department
- Number of pages you are faxing over
- Reference the Auth# on the top of every document



Medical Management Dept. (805) 562-1082

# Radiology Benefit Manager





### This program applies to the following outpatient services:

- Positron Emission Tomography (PET)
- Magnetic Resonance Imaging (MRI)
- Magnetic Resonance Angiography (MRA)
- Computed Tomography (CT)
- Computed Tomography Angiography (CTA)
- Nuclear cardiology studies

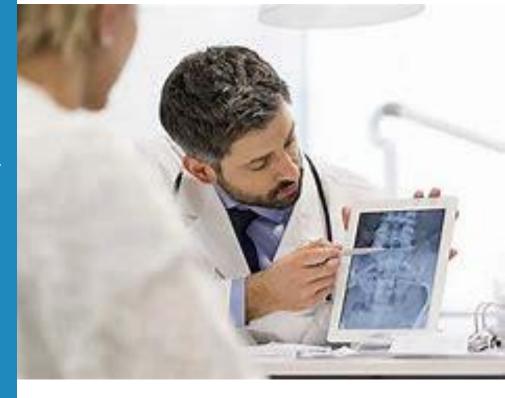
### **Exceptions:**

- Imaging studies performed in conjunction with emergency room services
- Inpatient Hospitalization
- Urgent Care Centers
- Intra-Operative procedures are excluded from the high-tech imaging consultation requirement
- Imaging study consultations for members who have other health care coverage are excluded



### Clinical Information Required

- Imaging study(ies) being requested, with current
- Presumptive diagnosis or "rule out" with current ICD-10 codes
- Patient's signs and symptoms, listed in some detail, with severity and duration
- Any treatments that have been tried, including dosage and duration for drugs, and dates for other therapies
- Any other information that the provider believes will help in evaluating the request; this may include physical exam findings, prior medical history, etc.



cencal.careportal.com/



### Contact Care to Care

Phone 1 (888) 318-0276, Mon. – Fri 5am – 5pm (Pacific Standard Time)

Fax 1 (888) 717-9660

Web: cencal.careportal.com





### Grievance & Appeals

#### **Authorization & RBM High Tech Imaging Requests**

- Submitted within 60 calendar days from the decision date
- Need copy of original TAR and denial notification
- Letter stating why denial should be overturned
- New supporting documentation
- For RBM pre-service authorizations call Member Service 1 (877) 814-1861
  - Pre-Service appeals go to the G&A Group in Member Services for review
- Post service requests to Medical Management (805) 562-1082

#### Medical Request Form (MRF)

- Submitted within 60 calendar days from decision date
- Copy of original or modified MRF
- Letter stating why denial should be overturned



CenCal Health Medical Management Department 4050 Calle Real Santa Barbara, CA 93117

CenCal Health
Pharmacy Services Department
4050 Calle Real
Santa Barbara, CA 93117

- DME Billing Guidelines
- Ways to Submit a Claim to CenCal Health
- Additional Claims Information

### Claims & Billing





## Claims & Billing

Once a provider receives confirmation on their effective date with CenCal Health, payment is payable at the contracted rate.

"Clean" claims will be reimbursed within 45 working days of receipt. Clean claims are claims that include all the necessary, accurate and valid data for adjudication.

CenCal Health offers (3) three easy and convenient ways to bill:

- CenCal Health Provider Portal
- 2. Electronic via EDI Team edi@cencalhealth.org
- Paper Mailing
   CenCal Health
   PO Box 948
   Goleta, CA 93116-0948



# Submitting a paper claim on the CMS-1500 Form

Arrows on the claim form highlight the following areas:

- 1. Member Info
- 2. Diagnosis codes (at least one code required)
- 3. Service lines, including:
  - Date of service (DOS)
  - Place of Service (POS)
  - Procedure code
  - Modifiers
  - Billed Amount
  - Number of Units
- 4. Billing Provider Information
  - Provider Group NPI#
  - Service Address
  - Billing Address)

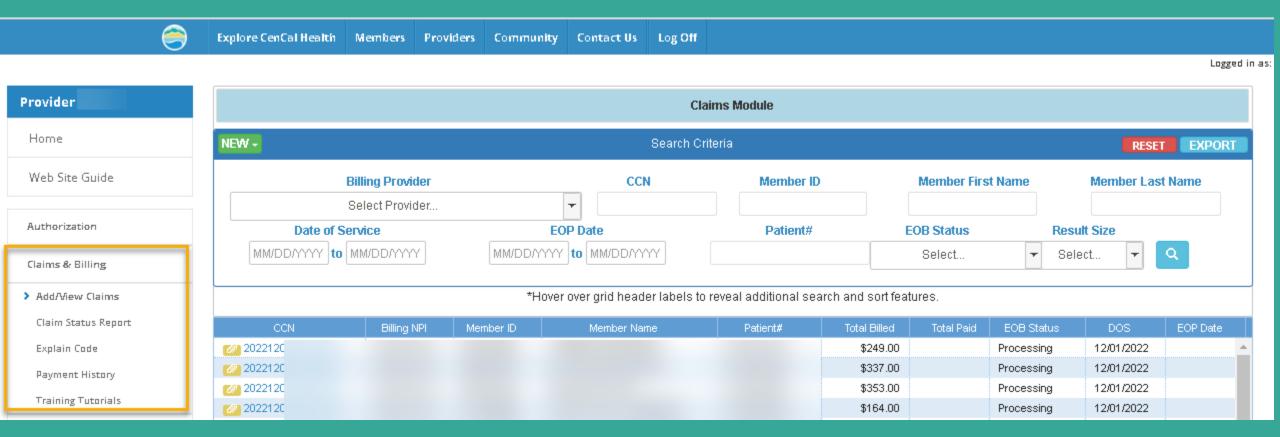
For more claim information and submission guidelines:

https://www.cencalhealth.org/providers/claims/



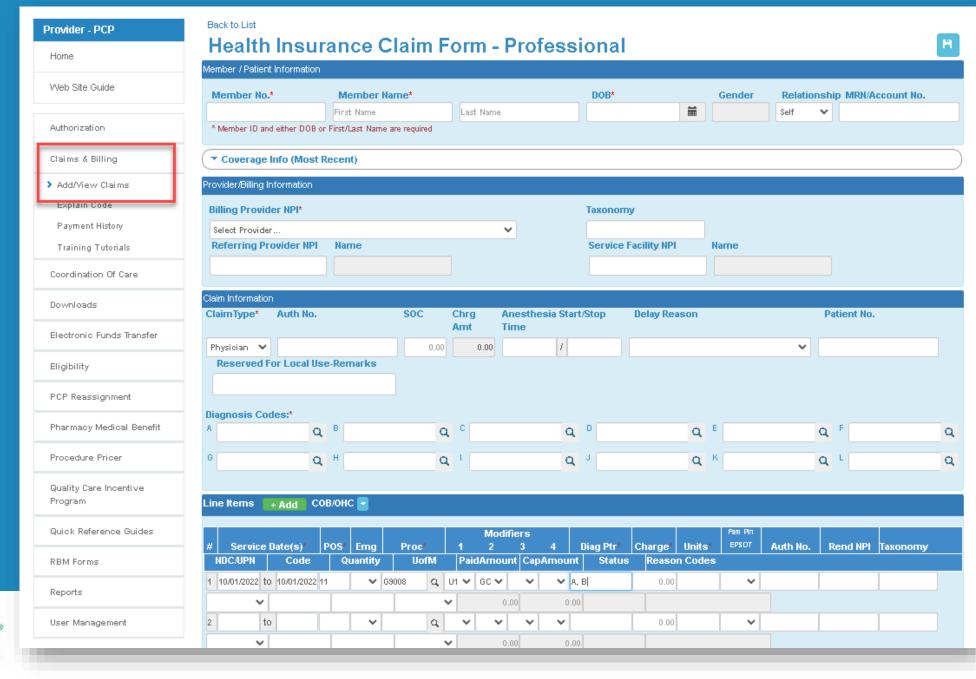
HEALTH INSURANCE CLAIM FORM											
	APPROVED BY NATIONAL UNIFORM CLAIM COMMITTEE (NUOC) 02/12										
PICA											
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				CHERRY CITY CA 543212345							
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Polly Ester DATE 18/38/16 NUCC Instruction Manual available at: www	a. 1234567	890 b	NT OR TYPE		1234567890	b.	-0938-1197 FORM				

#### **Provider Portal Claims Module**



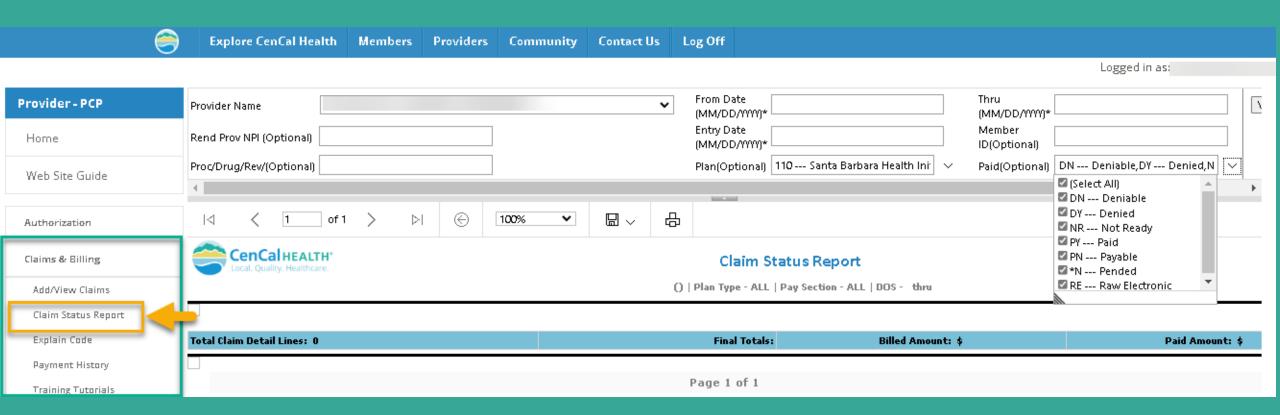


# Claims & Billing Demo Sample





### Claims Status Report





### Explain Codes

Provider
Home
Web Site Guide
Authorization
Claims & Billing
Add/View Claims
Claim Status Report
Explain Code
Payment History
Training Tutorials
Coordination Of Care
Downloads
Electronic Funds Transfer
Eligibility
PCP Reassignment
Pharmacy Medical Benefit
Procedure Pricer

Explain Codes					
	Paid	Flags	Export to a CSV File 📥		
RE (Raw Electroni	c)- Claim has been entered but not processed.	PY (Paid) - Claim has been paid.			
DY (Denied) - Clair	n has been denied.	PN (Payable) - Claim will be paid.			
DN (Deniable) - Cla	DN (Deniable) - Claim will be denied.		*N (Pended) - Claim is pended for review.		
NR (Internal Pend)	NR (Internal Pend) - Claim is pended & will not appear on an EOP without review.				

Code	Туре	Description	CARC	RARC
02	Pay	SERVICE IS COVERED UNDER CAPITATION AGREEMENT	24	
03	Pay	SERVICE/ITEM LINE FINALIZED	96	N10
04	Pay	CCS CLAIM	24	N442
05	Pay	PAID PER POE ATTACHED TO CLAIM	96	N10
06	Pay	CLAIM PAID AT HOSPITAL PER DIEM RATE	45	N442
07	Pay	HOSPITAL ANCILLARY CHARGES INCLUDED IN DAILY PER DIEM RATE	97	N70
08	Pay	ALLOWED AMOUNT IS PERCENTAGE OF BILLED CHARGE	45	N442
09	Deny	CCS ELIGIBLE MEMBER: CCS AUTHORIZATION (SAR) NOT ON FILE FOR THIS SERVICE	39	N627
10	Pay	SERVICE PAID	45	N130
11	Pay	ENCOUNTER SERVICE	24	
12	Pay	PAID PER NICU REVIEW AT NICU RATE	45	
13	Pay	PAID AT NICU STEP-DOWN RATE	45	
14	Pay	MEMBER HAS OTHER COVERAGE/MEDICARE, COORDINATION OF BENEFITS AFFECTED PAYMENT	23	
15	Pay	PAYMENT REDUCED DUE TO PATIENT LIABILITY/SOC	142	
16	Pay	SERVICE PAID PER UCLA CONTRACT	45	
17	Pay	PAYMENT REFLECTS 10% REDUCTION DUE TO BUDGET TRAILER BILL 2008	253	N246
18	Pay	CLAIM PAID AT ICF RATE PER NEGOTIATIONS INDICATED IN YOUR CONTRACT WITH CENCAL HEALTH	45	
19	Pay	MEDI-CAL ALLOWABLE - SNF INDICATOR ON CLAIM	256	N246
1A	Pay	CORRECTION TO PREVIOUSLY PAID INTEREST AND/OR PENALTIES	225	N584
18	Pay	CLAIM LINE RECEIVED WITHIN 7 - 9 MONTHS AFTER DOS AND PAID AT 75 % OF ALLOWED AMOUNT	B4	
1C	Pay	CLAIM LINE RECEIVED WITHIN 10 - 12 MONTHS AFTER DOS AND PAID AT 50 % OF ALLOWED AMOUNT	B4	



### **Timely Filing Guidelines**



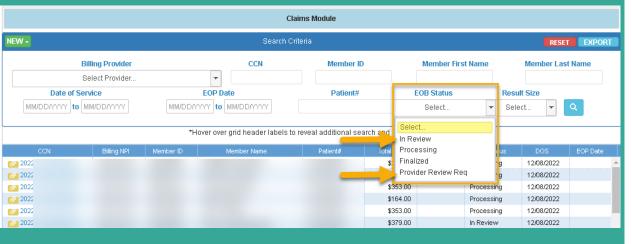
#### Original Claim Reduction in Reimbursement Policy

- Payable claims received within 6 months from the date of service will receive 100% of the CenCal/Medi-Cal allowed amount, unless otherwise noted per special contract or OTA.
- Payable claims received within the <u>7<sup>th</sup> to the 9<sup>th</sup> month will be</u> <u>reduced by 25%</u> and receive 75% of the CenCal/Medi-Cal allowed amount, unless otherwise noted per special contract or OTA. (1B explain code)
- Payable claims received within the 10th to the 12th month will be reduced by 50%. Payment will be 50% of the CenCal/Medi-Cal allowed amount, unless otherwise noted per special contract or OTA. (1C explain code)

Original Claims received beyond 1 year from date of service will be denied. Delay reason codes and supporting documentation per Medi-Cal guidelines can be submitted for review.



### Claim Correction Requirements



- When a claim's EOB status is "In review, or processing; corrections can be made on the portal. Simply click the blue hyperlink, make the corrections and save. Changes can be seen immediately.
- Claims that have an EOP status of "Finalized" are no longer eligible to be corrected on the portal. These claims are finalized and A <u>new</u> <u>claim submission will need to be submitted for</u> <u>processing.</u>



### Coding for Social Determinant of Health (SDOH)

#### Why is it important?

Helps identify health disparities, and their root causes, that are negatively impacting our members' health.

#### Categories

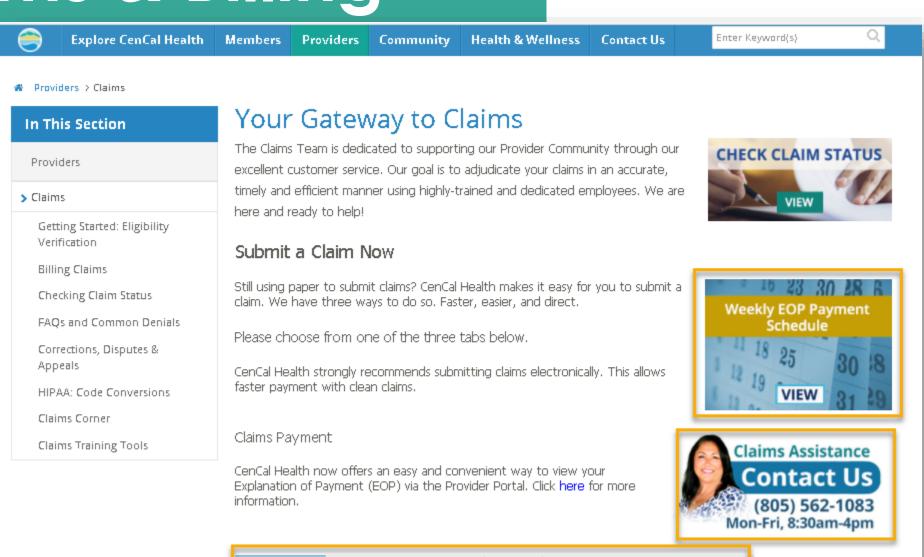
- 1. Education/literacy
- 2. Employment
- 3. Occupational exposure to risk factors
- 4. Housing and economic circumstances
- 5. Social environment

- 6. Upbringing
- 7. Primary support group, including family circumstances
- 8. Psychosocial circumstances

Code	Description
Z55.0	Illiteracy and low-level literacy
Z58.6	Inadequate drinking-water supply
Z59.00	Homelessness unspecified
Z59.01	Sheltered homelessness
Z59.02	Unsheltered homelessness
Z59.1	Inadequate housing (lack of heating/space, unsatisfactory surroundings)
Z59.3	Problems related to living in residential institution
Z59.41	Food insecurity
Z59.48	Other specified lack of adequate food
Z59.7	Insufficient social insurance and welfare support
Z59.811	Housing instability, housed, with risk of homelessness
Z59.812	Housing instability, housed, homelessness in past 12 months
Z59.819	Housing instability, housed unspecified
Z59.89	Other problems related to housing and economic circumstances
Z60.2	Problems related to living alone
Z60.4	Social exclusion and rejection (physical appearance, illness or behavior)
Z62.819	Personal history of unspecified abuse in childhood
Z63.0	Problems in relationship with spouse or partner
Z63.4	Disappearance & death of family member (assumed death, bereavement)
Z63.5	Disruption of family by separation and divorce (marital estrangement)
Z63.6	Dependent relative needing care at home
Z63.72	Alcoholism and drug addiction in family
Z65.1	Imprisonment and other incarceration
Z65.2	Problems related to release from prison
Z65.8	Other specified problems related to psychosocial circumstances (religious
	or spiritual problem)

For more resources and a full list of codes go to: www.cencalhealth.org/providers/social-determinants-of-health/

# Claims & Billing



CENCAL HEALTH WEBSITE

PAPER

ELECTRONIC

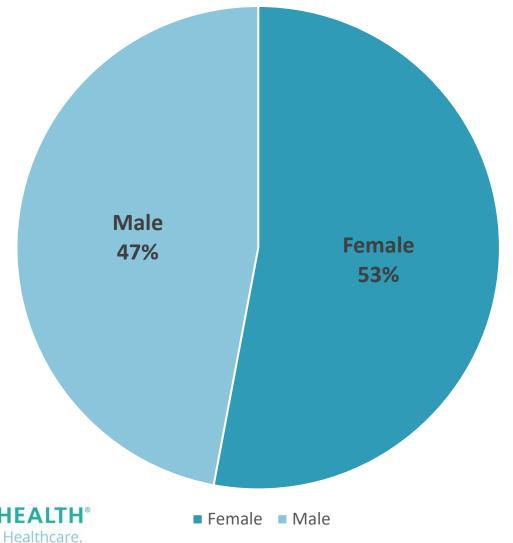
ELECTRONIC FUND TRANSFER (EFT)

### Culturally Competent Care, Health Literacy





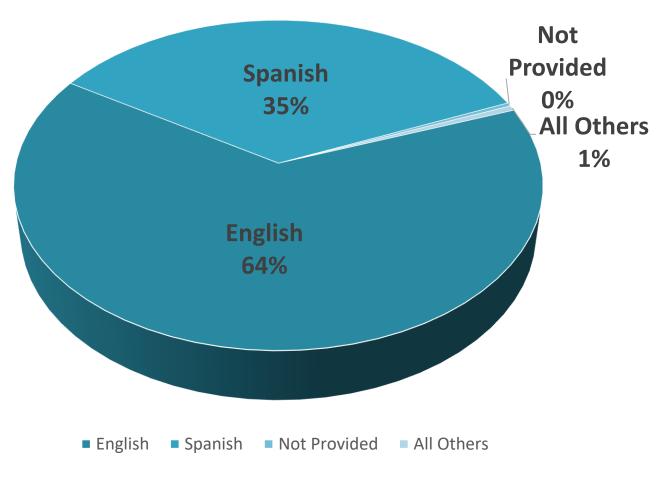
### CenCal Health Membership Gender



Gender	Members
Female	118,643
Male	105,395
Total	224,038



# Members' Preferred Language



Language	Memebrs
English	144,275
Spanish	77,897
Not Provided	771
Vietnamese	230
Chinese	220
Tagalog	138
Arabic	133
Korean	106
Russian	92
Farsi	60
Sign Language	23
Portuguese	19
Samoan	15
Cambodian	14
Thai	13
French	6
Armenian	6
llocano	6
Japanese	5
Italian	3
Lao	3
Turkish	2
Hebrew	1
Total	224,038



Languages spoken: 64% English 35% Spanish 1% All Other



# Linguistic Services Terms



### Limited English Proficient (LEP):

When an individual cannot speak, read, write, or understand the English language at a level that permits them to interact effectively with clinical or non-clinical staff in a health care setting.

#### Language Access Services:

Any service that helps an LEP patient obtain the same access and understanding of health care as an English speaker would have.



# Linguistic Services Terms Cont.

#### Interpretation:

The process of understanding and analyzing a spoken or signed message and reexpressing that message faithfully, accurately and objectively in another language, taking the cultural and social context into account.

#### **Translation:**

The conversion of a written text into a corresponding written text in a different language.





## Why is Linguistic Access Important?

Accurate communication between patient and health care provider is essential for proper diagnosis, treatment, and patient compliance.

#### Reduces Health Disparities.

 For example, those with language barriers may experience more outpatient drug complications, have lower medication adherence rates, or are more likely to have unnecessary and invasive tests.

#### Improves quality of care and patient satisfaction.

For example, helps reduce medical errors or unnecessary testing.



### **Interpreter Services & Requirements**

- Interpreter Service Resources
- Best Practice Tips







# Asking about Language Preference

How you ask a patient about his or her language will affect the response you receive:



"In what language do you prefer to receive your health care?"

Asking the question this way will provide you information on the language the patient feels he or she needs to speak in a health-related conversation.

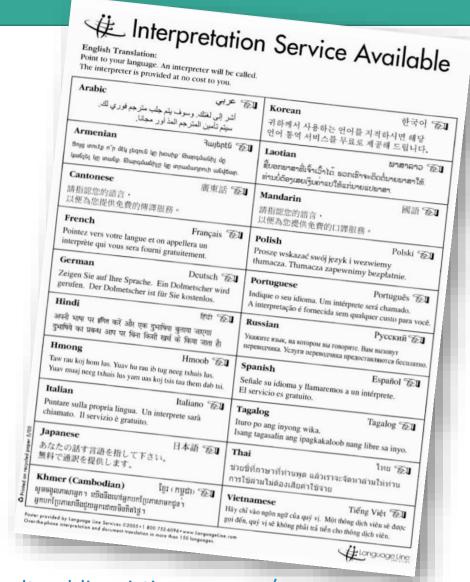
If the answer is a language other than English, you can plan to have language assistance available for the patient, and you should add this information to the record.



# Talking Points with Members

Here are a couple of recommended ways to offer interpreter services:

- Offer our point chart and see what their language of choice is to determine a members language of choice
- Video Remote Interpreting (VRI) allows a member to point to the language they speak





# Best Practices for Providing Interpreting Services:

- It's the responsibility of the provider to request interpreter services, <u>not the Member</u> and appointments should remain scheduled
- Providers should continue to use "Voiceonly" Interpreting (telephone service) whenever possible
- Avoid using family, friends or minors as interpreters
- Providers should supply their own device (laptop, tablet, phone etc.) for these services. CenCal Health will not provide these devices

- Do not use a member's phone for video or phone interpreting services
- Do not pre-schedule video interpreting services in advance as appointments may change
- Add a color or letter code to the patient's chart, noting that he or she needs an interpreter. Designate a code or color for each language.
- Add a question on your patient registration form or in your practice management system. Not only will you know when a patient is scheduled that he or she will need an interpreter, you will also be able to track how many patients you have who speak a particular language and how often they are seen.

# Phone Interpreting Services

Follow these quick and easy steps to connect to a telephonic interpreter in more than 200 languages:

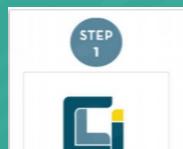






# Video Remote Interpreting Services

VRI Web Address: cencalhp.cli-video.com VRI Access Code: 48cencalhp



Make sure you are connected to the internet. Navigate to your VRI web address.





Enter your access code to sign in.





Enter the required information and press the "Submit" button.





Select the language you need to connect to an interpreter via video or audio.





Upon connection, an interpreter will appear on the video screen or connect via audio. Your session will now begin.





# Alternative Format Selections (AFS)

In compliance with the requirements of the American Disabilities Act, CenCal Health is committed to ensuring effective communication to members with visual impairments or other disabilities. The standard Alternative Format Selection (AFS) options are large print, audio CD, data CD, and Braille.

Below are descriptions of each format:

- a. Large print: Large (20-point) size Arial font.
- **b. Audio CD:** Provides the ability to listen to recordings of member materials on CD (files will be encrypted).
- **c. Data CD:** This allows for member materials in electronic format to be accessible on CD in their format .pdf, .xlsx, .txt, .docx, etc. (files will be encrypted).
- d. Braille: Uses raised-dots that can be read with fingers.

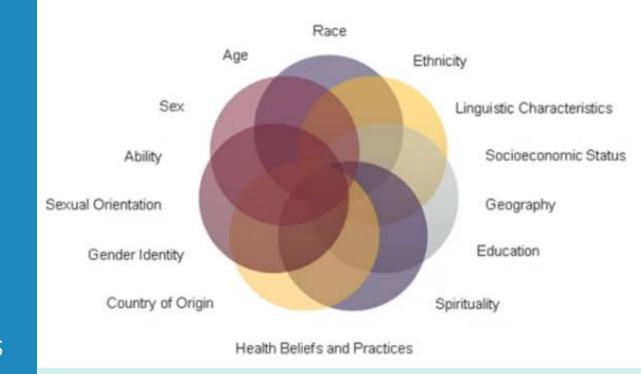
Members can also request material in the AFS format via the application system at <a href="https://afs.dhcs.ca.gov/">https://afs.dhcs.ca.gov/</a> or call the Medi-Cal Help Line at (833) 284-0040. Please direct members to these resources as needed or contact CenCal Health's Member Services Department at: (877) 814-1861 if you have additional questions or concerns.



DHSC Resource: www.dhcs.ca.gov/Pages/Alternative-Formats.aspx

### **Cultural Competence in Health Care**

- What is Cultural Competency?
- Social Determinates of Health (SDOH)
- LGBTQ+ Communities
- Tips for Working with Transgender Patients





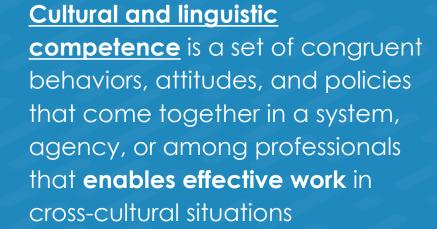
# What is Culture?

Culture consists of a body of learned beliefs, traditions, and guides for behaving and interpreting behavior that is shared among members of a particular group, and that group members use to interpret their experiences of the world.











Cultural humility is a commitment and active engagement in a lifelong process that individuals enter into on an ongoing basis with patients, communities, colleagues, and with themselves.

# Influences can be above or below the surface, seen and unseen

An Iceberg Concept of Culture dress@age gender @ language race or ethnicity physical characteristics reye behavior Adapted by the NCCC ♠ facial expressions ♠ body language sense of selfs @ gender identity@ notions of modest concept of cleanliness memotional response patterns rules for social interaction child rearing practices □ ♠ decision-making processes ♠ approaches to problem solving concept of justice value individual vs. group perceptions of mental health, health, illness, disability • patterns of superior and subordinate rolesn relation to status by age, gender, classo sexual identity & orientation and much more ... Slide Source: The National Center for Cultural Competence, 2005



# Tips for Cross Cultural Communication

### Respect Diversity

Recognizing what you have in common with others

Accepting different customs, values, perspectives

Avoiding stereotypes and assumptions

# Communicate Clearly

Speaking clearly and effectively

Addressing language barriers using interpreter

Working with patients with limited literacy skills

# Understand Differences

Understanding customs and values that can lead to tension

Knowing yourself and your own cultural perspectives

Learning about others and their cultural perspectives

# Engage the Individual

Working with people with different cultural perspectives

Negotiating differences across cultures



# Implicit Bias

The attitudes or stereotypes that affect our understanding, actions, and decisions in an <u>unconscious manner</u>

Implicit Biases are a thumbprint of the culture on our minds

### Negative implicit bias impacts patient health outcomes negatively:

•One study found a significant increase in hypertension among African American men (ages 30-50) correlated to implicit anti-Black bias on behalf of the patient



# Diversity and Inclusion

#### **Diversity**

Working to understand the background of the patients you serve.

These background factors include:

- Culture.
- Gender.
- Religious beliefs.
- Sexual orientation.
- Socioeconomic status.

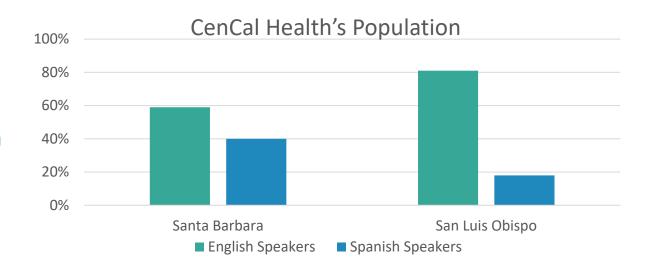
A workforce and environment representing the patient populations you serve is valuable.



#### Inclusion

Inclusion is giving patients from all backgrounds a voice in providing and receiving high-quality care.

This starts with encouraging a diverse healthcare staff to participate in the patient experience.



# Caring for LGBTQ+ Communities

#### CenCal Health members have diverse sexual orientations

- Identify your own LGBTQ+ perceptions and biases as a first step in providing the best quality care.
- Many LGBTQ+ people do not disclose their sexual orientation or gender identity because they don't feel comfortable, or they fear receiving substandard care.

#### CenCal Health members have diverse gender identities

- Cisgender people whose gender identity and gender expression align with their assigned sex at birth
- Transgender people whose gender identity and/or gender expression differs from their assigned sex at birth (people may or may not choose to alter their bodies hormonally and/or surgically)



# Tips for Working with Transgender Patients





- Treat transgender people as you would want to be treated.
- Always refer to transgender people by the name and pronoun that corresponds to their gender identity.
- If you are unsure about the person's gender identity, ask:
  - "How would you like to be addressed?"
  - o "What name would you like to be called?"
- Focus on care rather than indulging in questions out of curiosity.
- The presence of a transgender person in your treatment room is not an appropriate "training opportunity" for other health care providers.
- It is inappropriate to ask transgender patients about their genital status if it is unrelated to their care.
- Never disclose a person's transgender status to anyone who does not explicitly need information for care.

# Caring for Seniors and Persons with Disabilities (SPDs)

- Dimensions of Disability
- Interacting with Seniors
- Interacting with People with Physical,
   Speech, and Visual Disabilities





### Percentage of adults with functional disability types

There are 61 million adults in the United States living with a disability.



**13.7% 10.8% 6.8%** COGNITION Serious difficulty concentrating, remembering, or making decisions LIVING



INDEPENDENT

Difficulty doing errands alone



**HEARING** 

5.9%

Deafness or serious difficulty hearing



VISION

Blindness or serious difficulty seeing



3.7%

SELF-CARE

Difficulty dressing or bathing





## Caring for Seniors and Persons with Disabilities (SPDs)

### Meeting the individual's accommodation needs ensures the following:

- Provides appropriate and effective care
- Compliance with the federal Americans with Disabilities Act (ADA) and Section 504 of the 1973 Rehabilitation Act.

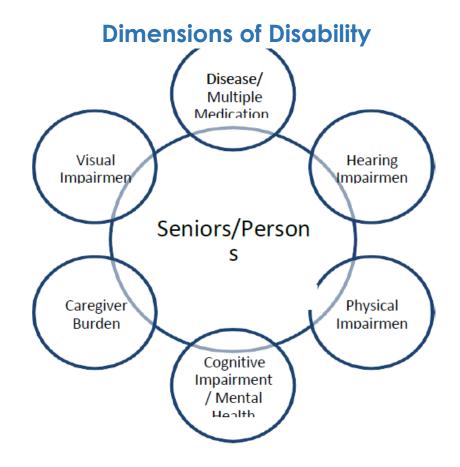
#### CenCal Health SPD Stats:

- 70% of CenCal Health members with disabilities live with 2+ chronic conditions and 16% of these members have diabetes
- About 25% have 4+ chronic conditions
- 30% of beneficiaries with disabilities receive treatment for mental health conditions annually



## Accommodations: What Patients May Need

- Physical accessibility
- Effective communication
- Policy modification
- Accessible medical equipment





# Interacting with Seniors

#### Relax Be Aware of Surroundings Use Formal Greetings If you are not sure, ask. Describe potential obstacles. Use "Mr." or "Mrs." Using common terms is OK. Adjust to their level. Do not use "Dear" or "Sweetheart." Speak with Care Enunciate and make eye contact. Listen Attentively Ask Before Helping Talk louder only when asked. Do not finish their sentences. Do not grab. Try not to use jargon, acronyms and abbreviations. Do not pretend to understand. Offer your arm for balance. Be Kind Avoid Interrupting. Speak to the Person Focus on the Person Imagine they are a friend. Face the person when using Disabilities do not define an interpreter. a person. Talk directly to the person. Assume a person can do it.



# Interacting with People with Physical Disabilities

- Mobility and physical disabilities range from mild to those with significant limitations.
- If shaking hands is appropriate, do so. People with limited hand use or who use a prosthesis can usually shake hands. If people have no arms, lightly touch their shoulder.
- When speaking to a person using a wheelchair or scooter for more than a few minutes, try to find a seat or kneel so you are at the same eye level.
- Ask for permission before moving someone's cane, crutches, walker, or wheelchair.



# Access & Safety

The site shall maintain the following safety accommodations for physically disabled persons:

- 1. Designate a disabled parking space near the primary entrance
- 2. Maintain pedestrian ramps
- 3. Exit doorways width should be at least 32 inches wide to allow for passage of a wheelchair
- 4. Passenger elevator should be maintained in working condition for multi-level floor accommodations
- 5. A clear floor space should be provided for persons in wheelchairs
- 6. Restrooms should be accessible to physical disabled individuals
- 7. Hand washing facilities should be available and include running water, soap and paper towels

**Changes in Access/Availability** – Please contact CenCal Health if at any time the site becomes inaccessible to physically disabled individuals



## **Medical Transportation Services**

Transportation is managed by Ventura Transit System (VTS) to and from medically necessary services, such as doctor appointments, specialty mental health, substance use disorder, dental, pharmacy pick up, medical supply pick up and more.

#### There are two transportation criteria's:

- Non-Medical Transportation (NMT)
- Non-Emergency Medical Transportation (NEMT)
  - A Physician Certification Form (PCF) authorization is required prior to service and requested/signed off by the requesting physician





#### PHYSICIAN CERTIFICATION FORM

#### NON EMERGENCY MEDICAL TRANSPORTATION (NEMT) REQUIRED JUSTIFICATION

NEMT services require <u>Prior Authorization</u>, except when the NEMT service is medically necessary for a discharge to home or a SNF, or for a transfer to another facility. CenCal Health must review and approve NEMT services BEFORE the member schedules a pick-up with VTS. Incomplete or inaccurate forms may cause delays and/or denials. CenCal Health may take up to fourteen (14) calendar days to review and process NEMT requests. This PCS Form is <u>not</u> required for Non-Medical Transportation (NMT) services. Completed and signed forms must be promptly submitted to CenCal Health, Utilization Management (UM) Department via fax or uploaded securely through our Secure File Drop:

Management (ÙM) De	partment via fax or	uploaded s	securely through o	ur Secure	File Drop:	,		
<ul> <li>CenCal Healt</li> </ul>			805-681-3071					
<ul> <li>CenCal Healt</li> <li>Patient Information:</li> </ul>	h's Secure File Drop	Link:	https://trans	sfer.cenca	alhealth.org/filedr	op/hs		
First Name:	1.0	st Name:			Data of Birth			
FIRST Name:	Last Name:			Date of Birth:				
CenCal Member ID #:			Phone Number:					
Address:				Caregiver Name:				
City:	State:		Zip:		Caregiver Phone Number:			
Patient currently mobi	Walker 🗆 Cane 🗆	•						
NEMT PROVIDER (								
<b>Disclaimer:</b> CenCal He medical needs.	alth is required to a	uthorize th	e lowest cost type	e of NEMT	services that is ad	equate for	the me	mber's
NEMT Vehicle Type (pl	ease check one):							
Ambulance:								
Basic Life Supp	LifeSupport (BLS)		☐ Litter/Gurney Var		☐ Wheelchair Van		☐ Air Ambulance	
Advanced Lif	e Support (ALS)							
<b>NEMT Anticipated Du</b>	ration:							
Start Date:	End Date:		☐ 30 Days		☐ Six(6)1	Months		12 Months
ICD-10 Code(s):								
Diagnosis:								
Justification: Provide	specific physical and	l medical lir	mitations that pre	clude the	member's ability t	o reasonab	ly ambu	ulate
without assistance or	be transported by p	ublic or pri	vate vehicles. Incl	ude medic	cal, behavioral hea	اth, or the ا	physical	
condition that prevent	s ordinary means o	f public tra	nsportation:					
Provider Information:								
Provider's Full Name (	Print):							
Title:			Provider NPI:					
Phone Number:		Fax Num	ber:		Em	ail:		
Certification Statement: physical therapist, speed responsible for providing	h therapist, occupation	nal therapis	t, dentist, podiatris	t, mental h	ealth or substance u	se disorder	provide	er

Cencalheal.org/provider/authorizations/

# Interacting with People with Speech Disabilities

- Don't raise your voice. People with speech disabilities can hear you.
- Always repeat what the person tells you to confirm that you understood.
- Ask questions one at a time. Give individuals extra time to respond.
- Pay attention to pointing, gestures, nods, sounds, eye gaze, and blinks.
- If you have trouble understanding a person's speech, it's ok to ask them to repeat what they are saying, even three or four times. It is better for them to know that you do not understand, than to make an error.



## Interacting with People with:

### Cognitive, Intellectual, or Psychiatric Disabilities

- Offer information in a clear, concise, concrete, and simple manner.
- If you are not being understood, modify your method of communicating. Use common words and simple sentences.
- Allow time for people to process your words, respond slowly, or in their own way.
- Make sure the person understands your message.

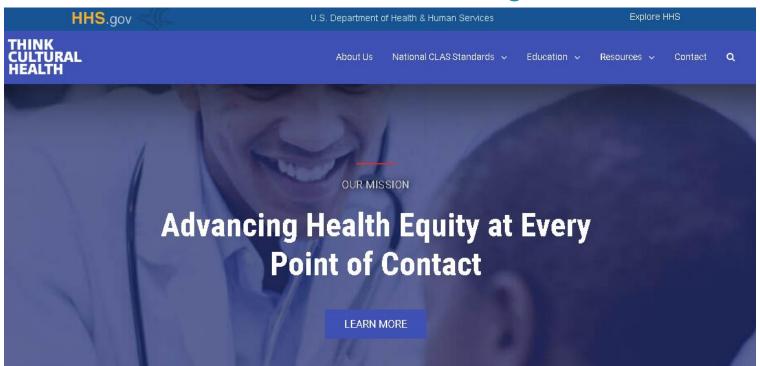
#### **Visual Disabilities**

- When offering help, identify yourself and let people know you are speaking to them by gently touching their arm. If you leave people's immediate area, tell them so they will not be talking to empty space.
- Speak directly facing the person. Your natural speaking tone is sufficient.
- When giving directions, be specific. Clock clues may be helpful, such as "the
  desk is at 6 o'clock." When guiding a person through a doorway, let them
  know if the door opens in or out and to the right or to the left.

# Additional Trainings & Resources

National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care

thinkculturalhealth.hhs.gov





# Additional Trainings & Resources

#### CenCal Health Website:

- Cultural Competency and Health Literacy
- Cultural & Linguistic Resources
   https://www.cencalhealth.org/providers/cultural-linguistic-resources/

# Practical Strategies for Cultural Competent Evaluation

<a href="https://www.cdc.gov/dhdsp/docs/Cultural\_Competence\_Guide.pdf">https://www.cdc.gov/dhdsp/docs/Cultural\_Competence\_Guide.pdf</a></a>





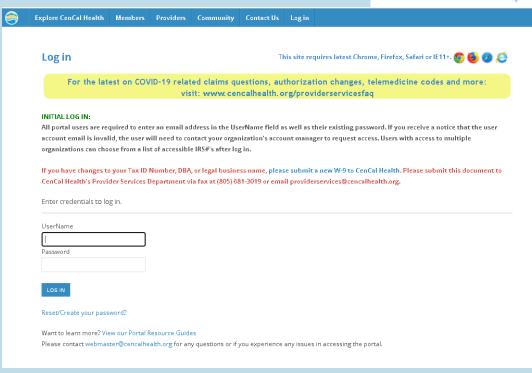
### **Provider Portal Demonstration**

Provider Login

The **Provider Portal** is an online resource that has many valuable functions. It's a secure way to transfer information between CenCal Health and our contracted providers.

#### Some of the functions include:

- Member Eligibility & Batch Eligibility
- Search and Submit Authorization Requests
- Search and Submit Claims
- View Reports
- Document Attachment Uploading



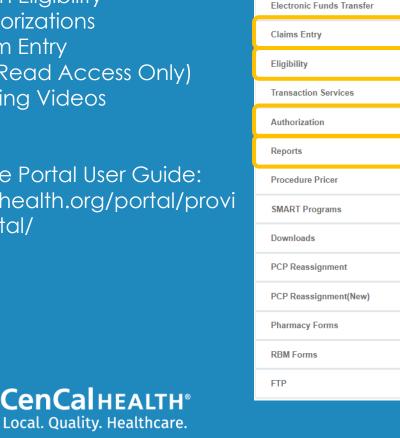


### Online Portal

#### Contracted CenCal Health Providers have access to:

- Eligibility
- Batch Eligibility
- Authorizations
- Claim Entry
- EFT (Read Access Only)
- Training Videos

Printable Portal User Guide: Cencalhealth.org/portal/provi der-portal/





For the latest on COVID-19 related claims questions, authorization changes, telemedicine codes and more: visit https://www.cencalhealth.org/providerservicesfag

If you have changes to your Tax ID Number, DBA, or legal business name, please submit a new W-9 to CenCal Health. Please submit this document to CenCal Health's Provider Services Department via fax at (805) 681-3019 or email providerservices@cencalhealth.org.

#### **Data Forms Overview**

This site requires latest Chrome, Firefox, Safari or IE11+.



Logged in as:





#### Security

Providers - Restricted

**User Management** 

(DEMO)

> Home

Cencal Health's Website employs Secure Socket Layer (SSL) technology to ensure that all information transmitted between CenCal Health and your office is encrypted and secure. This security, however, is only as strong as your organization's username and password. Within your organization, only share the account on a need-to-know basis with staff who must access the CenCal Health web site to perform their jobs. Protect sensitive patient information. Let the CenCal Health webmaster know whenever a privileged employee leaves your organization, so that the organization's password can be changed. The CenCal Health webmaster can be contacted at webmaster@cencalhealth.org.

#### Forms & Reports

#### **Electronic Funds Transfer**

Effective January 1, 2014, Electronic Fund Transfers (EFTs) are available through CenCal Health for various payment types. In order to receive EFTs, providers must enroll for the option to receive their payments electronically.

#### Claim Forms

Five claim form types are supported: CMS-1500, Medical Supplies, UB-04 and LTC. Click on the claim form type on the left to view the form. Upon submission of the form you will receive a claim control number (CCN) for that claim.

#### Eligibility

Cencal Health has updated its eligibility form and created a batch eligibility form for providers who consistently check eligibility on groups of members. We hope that you find these forms accessible and beneficial.

Check Eligibility - To check an individual member's eligibility click on the Eligibility link, and then "Check Eligibility". Enter the member's ID or CIN, and a date of service. If the member is not eligible with CenCal Health, you will be prompted to check their eligibility with DHS. Eligibility checks with DHS are done through the DHS CERTS system and require a Medi-Cal provider number and PIN.

Batch Eligibility - You may check eligibility for groups of members using the batch eligibility form located under "Eligibility". To create a batch, click "New Batch", enter a batch name, and then click "Create New Batch". You may begin entering member IDs and dates of services. To add more rows for additional members, click on "Save Batch". To check eligibility for all members in the batch, click "Check Eligibility". Eligibility information is saved until the "Check Eligibility" button is clicked again. On the left hand side will be a series of buttons: red for an ineligible/unknown member; green for an eligible member; and yellow for a member who has a share of cost obligation prior to becoming eligible. To view detailed member information, click on the button. To check eligibility for all members in the batch with a new date of service, add the new date of service into the Change Date field, click "Change Date", and then click "Check Eligibility". You may create as many batches as you need. To create a new batch, click on "New Batch" located on the main form. An existing batch may be saved into a new batch by using the "Copy Batch" function. Note - a batch will be deleted if there are no members in the batch.

#### Transaction Services



