# CenCal Health Behavioral Health Department's: Technical Assistance Training for ABA Providers

December 2023



## Agenda

- Care Coordination Overview
- CenCal Health's Model of Care
- Care Coordination Best Practices
- Care Coordination Responsibilities
- Care Coordination Reminders
- Care Coordination Documentation Examples



### **Treatment Plan Requirements**

Medi-Cal requires each treatment plan to include a care coordination plan.

The minimum required for a Care Coordination plan is:



Whom will the provider care coordinate with



What is the purpose



## Care Coordination with other entities

#### Care coordination can look like:

- Sharing treatment plans to avoid duplication of services
- Sharing interventions on common goals
- Sharing transition plans

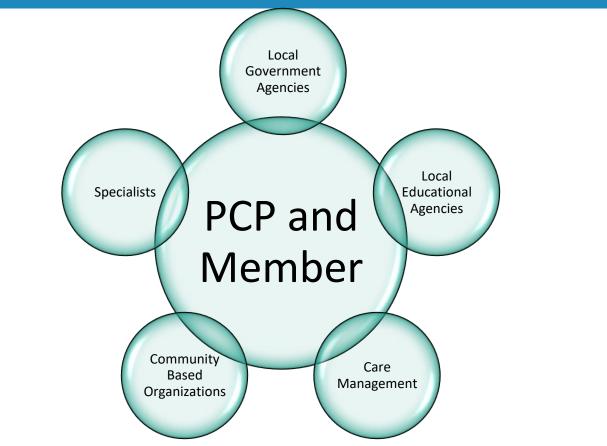


#### **Care Coordination Plan Development:**





#### **CenCal Health Model of Care:** Care Coordination with the Primary Care Physician





#### CenCal Health Model of Care: Care Coordination with the Primary Care Physician

Specialists, like ABA providers, can support member care by coordinating care with the PCP to provide critical information on the members needs such as:

- Mental health
- Speech Therapy
- Occupational Therapy



### **Care Coordination Best Practices**

- Care coordination should be completed at minimum with the PCP
- If the Member is under the age of 3, care coordination should be completed with the regional center
- If the Member is school aged, care coordination should be completed with the lead educational agency
- If the Member is receiving speech, occupational therapy, or other therapies, there should be coordination



## Documenting Care Coordination in Treatment Plans – Reminders

- What if parents do not give permission to share information with other specialists?
  - HIPAA allows health care providers to disclose protected health information (PHI), including mental health information, to other public or private-sector entities providing social services in specified circumstances.
  - For example: A health care provider may disclose a patient's PHI for treatment purposes without having to obtain the authorization of the individual. Treatment includes the coordination or management of health care by a health care provider with a third party



### Documenting Care Coordination in Treatment Plans – Example of Care Coordination

Care coordination with a speech therapist

• The plan for care coordination in the next authorization period is to contact the Member's Speech Therapist to compare treatment plans to ensure we are not working on the same goals. We will also share what intervention strategies have been effective with the speech therapist so we can compare it to the interventions being used in ABA therapies. We want to make sure the inventions are not contradicting each other.



### Documenting Care Coordination in Treatment Plans – Example of Care Coordination

Care Coordination with the regional center

• The plan for care coordination in the next authorization period is to contact the Region Center to compare treatment plans and services they are providing to ensure we are not working on the same targets. We will also be sharing our transition plan with the regional center as we are approaching Member's discharge date to ensure a smooth transition away from ABA services.



### Documenting Care Coordination in Treatment Plans – Example of Care Coordination

Care coordination with an LEA

• The plan for care coordination in the next authorization period is to contact IEP team to compare treatment plans to ensure we are not working on the same targets. We will also share behavioral intervention plans since Member also receives ABA services at the school and we want to ensure that we are using consistent interventions to address Member's behaviors.



# Thank You!

If you have any questions, please reach out to your provider services representative or call our BH Call Center (805) 562-1600

