



Short-Term Post-Hospitalization Quick Reference Guide

What is Short-Term Post-Hospitalization?

Short-Term Post-Hospitalization Housing provides members who do not have a residence and who have high medical or behavioral health needs with the opportunity to continue their medical/psychiatric/substance use disorder recovery immediately after exiting an inpatient hospital, residential substance use disorder treatment or recovery facility, residential mental health treatment facility, correctional facility, nursing facility, or recuperative care and avoid further utilization of State plan services.

This setting provides individuals with ongoing supports necessary for recuperation and recovery, such as gaining (or regaining) the ability to perform Activities of Daily Living (ADLs), receiving necessary medical/psychiatric/substance use disorder care, case management, and beginning to access other housing supports such as Housing Transition Navigation Services.

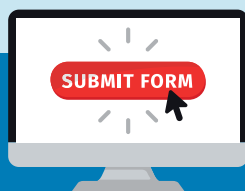
Who is eligible?

Members that are experiencing homelessness or at risk of homelessness and meet one of the criteria below:

- Have one or more serious chronic conditions;
- Have a Serious Mental Illness;
- Are at risk of institutionalization or overdose or are requiring residential services because of a substance use disorder
- Have a Serious Emotional Disturbance (children and adolescents);
- Are receiving Enhanced Care Management; or
- Are a Transition-Age Youth with significant barriers to housing stability, such as one or more convictions, a history of foster care, involvement with the juvenile justice or criminal justice system, and/or have a serious mental illness and/or a child or adolescent with serious emotional disturbance and/or who have been victims of trafficking or domestic violence.
- Have been discharged from the hospital, substance use or mental health treatment facility, correctional facility, nursing facility, or recuperative care would likely result in hospitalization, rehospitalization, or institutional readmission.

Required Documentation

- **Short-Term Post-Hospitalization Housing Information and Referral form**, any additional documentation to support request.
qrco.de/Short-Term-Post-Hosp



How to submit authorization

Providers will submit a Treatment Authorization Request (TAR 50-1) attaching the Short-term Post-Hospitalization Housing Information and Referral form. The forms can be sent to CenCal Health through:

- Provider Portal
- By fax at (805) 681-3039 or
- By using the Community Supports secure link, which can be requested by calling the Community Supports Unit at (805) 562-1698.

Unit of service: One (1)

HCPCS billing code: H0044, U3 modifier

Setting: In-person

Frequency: Once per lifetime — not to exceed six (6) months

Quantity: 1-6 (months) based on member needs

Date of Services: As needed, up to six (6) months



Visit our **Provider Directory** for a list of contracted Providers
<https://qrco.de/bdVaAZ>



Link to **Provider FAQs:**
<https://qrco.de/bdKtpT>



For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- communitysupports@cencalhealth.org
(if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

