

Personal Care and Homemaker Services Quick Reference Guide

What is Personal Care and Homemaker Services?

Personal Care and Homemaker programs aid individuals who could otherwise not remain in their homes. Personal Care Services and Homemaker Services are provided for individuals who need assistance with Activities of Daily Living (ADLs) such as bathing, dressing, toileting, ambulation, or feeding.

Personal Care Services can also include assistance with Instrumental Activities of Daily Living (IADLs) such as meal preparation, grocery shopping, laundry, and money management.

It includes services provided through the In-Home Support Services (IHSS) program, including house cleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming, and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.



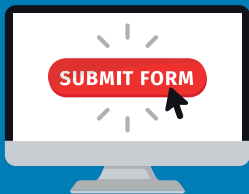
Who is eligible?

- Member is at risk of hospitalization or institutionalization in a nursing home
- Member has functional deficits and no other adequate support system
- Member has a pending or has been approved for In-Home Supportive Services. Eligibility criteria can be found at <http://www.cdss.ca.gov/In-Home-Supportive-Services>.
- For members not eligible to receive In-Home Supportive Services, to help avoid a short-term stay in a skilled nursing facility (not to exceed 60 days)

Required Documentation

Personal Care Services and Homemaker Services Information and Referral form and any relevant documentation to support request.

How to submit a request for authorization



Providers will submit a Treatment Authorization Request (TAR 50-1) attaching the Personal Care and Homemaker Services Information and Referral form. The forms can be sent to CenCal Health through the Provider Portal, by fax at (805) 681-3039, or by using the Community Supports secure link, which can be requested by calling the Community Supports Unit at (805) 562-1698.

Unit of service: One (1)

HCPCS billing code: S5130

Billing modifier: U6

Setting: In-person

Frequency: As needed

Quantity: The initial authorization can be submitted for up to 60 days, and subsequent authorizations can be up to 12 months. Please submit subsequent authorizations with PCHS assessment at least 10 days before the current authorization's service end date.

Date of Services: The initial authorization can be submitted for up to sixty (60) days.



Visit our Provider Directory for a list of contracted Providers
<https://qrco.de/bdVaAZ>



Link to Provider FAQs:
<https://qrco.de/bdKtpT>



For more information please contact the CenCal Health Community Supports Unit.

- (805) 562-1698
- communitysupports@cencalhealth.org
(if email includes PHI, you must encrypt).

Fax referrals to (805) 681-3039.

